

2020 TREK SCHEDULE!

Tri-State High Adventure Base

Little Sioux Scout Ranch

Mid-America Council, BSA



The Tri-State High Adventure Base (T-SHAB) is the Mid-America Council's local high adventure base, and is the ULTIMATE adventure for Scouts and Venturers in Nebraska, Iowa, and South Dakota. T-SHAB will be in its 5th year of operation in 2020, offering two treks each week down the Missouri River and covering over 164 miles of shoreline in an "urban" adventure. Over 200 Scouts have successfully completed this adventure! Mark your calendar for 2020 sessions and register online at TSHAB.org.



Missouri River Trek

Canoe the Missouri River from Vermillion, South Dakota to downtown Omaha, Nebraska, landing in 3 states along the way, covering over 164 miles; visit state parks and cities, camping in a mix of urban and rural settings; complete the BSA's Kodiak Challenge, climb a 40-foot rock wall, visit historic sites, and maybe even catch a movie. High Adventure with an urban twist!



Choose from one of 8 weeks for your T-SHAB Adventure:

\$410 per participant, or
\$385 if paid in full by May 1

June 7 - 13
June 14 - 20
June 21 - 27
June 28 - July 4

July 5 - 11
July 12 - 18
July 19 - 25

Why T-SHAB is Different

T-SHAB embraces the "urban" side of our trek path, along with the history, of the Missouri River and the Lewis & Clark Expedition. Participate in various programs along the river, earn up to three 50-miler awards, and take part in the BSA's Kodiak Challenge, and enjoy music on the water and on land.

Find more info and register at www.TSHAB.org

MID-AMERICA COUNCIL - 12401 West Maple Rd - Omaha, NE 68164 - 402-431-9272

T-SHAB

Tri-State High Adventure Base

What Does a Scout get out of T-SHAB?

- Trained River Guides with river mile experience
- Crew equipment including canoes, paddles, dry bags, etc.
- Unique urban camping experience
- Develop leadership skills through participating in the Kodiak Leadership Challenge
- Receive a dry wicking T-SHAB trek shirt
- Earn up to three 50-miler awards
- Canoe trek experience to prepare for attending Northern Tier High Adventure Base
- 6-day adventure to highlight your Scouting career



Who can participate?

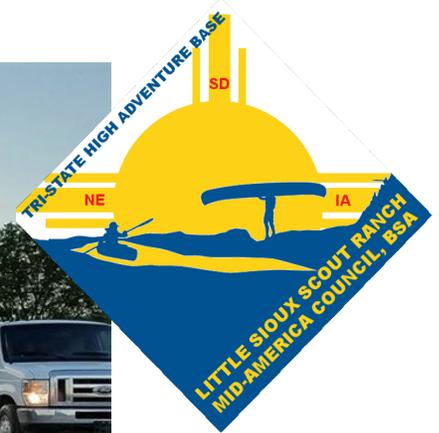
Scouts must be at least 14 years old, or 13 and completed the 8th grade, by the first day of the trek. All participants, youth and adults, must be able to pass a BSA swim test during check-in at camp. Participants must be able to demonstrate reasonably strong canoeing skills, but Scouts don't need to have completed the Canoeing merit badge. All participants must be physically fit, meeting BSA height/weight requirements outlined in Part D of the BSA Annual Health and Medical Record.

Interested to Staff T-SHAB?

T-SHAB hires River Guides who are at least 18 years old to lead crews down the Missouri River. Strengthen your canoeing, camping, and leadership experience by working all summer at our local high adventure base. Applicants can apply online at TSHAB.org.

Register for T-SHAB!

Participant guides, videos, and crew photos are available online at TSHAB.org. We're excited for YOU to participate in T-SHAB in 2020! Check out the participant guide online. Choose your week and mark your calendar.



TSHAB.org