

# 2020 CAMP CEDARS

## SUMMER CAMP MENU FOR WEEK #1

	<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b><u>BREAKFAST:</u></b>		BKFT Sandwiches with Egg, Ham & Cheese or Egg, Sausage & Cheese Potato Wedges Cereal, Granola, Yogurt & Fresh Fruit	French Toast Sticks Sausage Patties Cereal, Granola, Yogurt & Fresh Fruit	BKFT Casserole Cereal, Granola Yogurt & Fresh Fruit	Waffles and Bacon Cereal, Granola Yogurt & Fresh Fruit	Biscuits with Sausage & Gravy Tater Tots Cereal, Granola Yogurt & Fresh Fruit	Muffin, Donuts or Bagels Cereal, Granola Yogurt & Fresh fruit
<b><u>LUNCH:</u></b>		French Fry Bar Beef or Chicken With Toppings Salad Bar	Hamburgers with Cheese on a Bun Fries or Onion Rings Baked Beans Salad Bar	Chicken Strips Mashed Potatoes with Country Gravy Corn Salad Bar	Meatball Hoagie Shoestring Fries Salad Bar	BBQ Ribs on a Bun Battered Fries Salad Bar	
<b><u>DINNER:</u></b>	Ham Steaks or Chicken Breast Sweet Potatoes Seasoned Green Beans Cornbread Cake	Baked Tortellini Italian Sausage Garlic Bread Salad Bar Cookies	Hot Roast Beef Sandwich Mashed Potatoes or French Fries Salad Bar Cake and Ice Cream	Fat Boys or Brats on a Bun Variety of Chips Beans Salad Bar Brownies	One Pan Enchiladas Beef or Chicken Refried Beans Mexican Rice Chips & Salsa Salad Bar Pudding	Sloppy Joes on a Bun Beans Variety of Chips Salad Bar Cookies	

**NOTES:**

**Menu is subject to change due to product availability.**

**JUICE: served at Breakfast Only.**

**MILK & WATER: Served at all Meals.**

**COFFEE: served at Breakfast, Lunch then back on in the afternoon through Dinner.**

**SALAD BAR: A Variety of Salads and Dressings, Fresh Vegetables.**

**AVAILABLE ALL DAY: Apples, Oranges.**

# 2020 CAMP CEDARS

## SUMMER CAMP MENU FOR WEEK #2

	<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
<b><u>BREAKFAST:</u></b>		BKFT Pizza Cereal, Granola, Yogurt & Fresh Fruit	French Toast Sticks Sausage Patties Cereal, Granola, Yogurt & Fresh Fruit	BKFT Casserole Cereal, Granola Yogurt & Fresh Fruit	Waffles and Bacon Cereal, Granola Yogurt & Fresh Fruit	Biscuits with Sausage & Gravy Tater Tots Cereal, Granola Yogurt & Fresh Fruit	Muffins, Donuts or Bagels Cereal, Granola Yogurt & Fresh fruit
<b><u>LUNCH:</u></b>		Ranch Crack Chicken Fresh Carrots Salad Bar	Philly Steak Hoagies Shoestring Potatoes or Onion Rings Salad Bar	Walking Tacos Beef or Chicken Refried Beans Salad Bar	Chili Cheese Dogs on a Bun Spiral Fries Salad Bar	BBQ Ribs on a Bun Shoestring Fries Salad Bar	
<b><u>DINNER:</u></b>	Pork Tenderloin Steph's Potatoes Fresh Broccoli with Cheese Dinner Roll Salad Bar Cake	Taco Bar Beef or Chicken Refried Beans Mexican Rice Chips & Salsa Salad Bar Cookies	Chicken Fried Chicken Mashed Potatoes with Gravy Corn Dinner Roll Salad Bar Cake and Ice Cream	Lasagna Garlic Bread Salad Bar Brownies	Orange Chicken Sweet n Sour Chicken Mongolian Beef Fried Rice Fresh Broccoli Fortune Cookie Pudding	Sloppy Joes on a Bun Beans Variety of Chips Salad Bar Cookies	

**NOTES:**

**Menu is subject to change due to product availability.**

**JUICE: served at Breakfast Only.**

**MILK & WATER: Served at all Meals.**

**COFFEE: served at Breakfast, Lunch then back on in the afternoon through Dinner.**

**SALAD BAR: A Variety of Salads and Dressings, Fresh Vegetables.**

**AVAILABLE ALL DAY: Apples, Oranges.**

# 2020 CAMP CEDARS

## SUMMER CAMP MENU FOR WEEK #3

	<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b><u>BREAKFAST:</u></b>		Waffles and Bacon Cereal, Granola Yogurt & Fresh Fruit	BKFT Casserole Cereal, Granola Yogurt & Fresh Fruit	Pancakes with Syrup Sausage Patty Cereal, Granola, Yogurt & Fresh Fruit	BKFT Pizza Cereal, Granola Yogurt & Fresh Fruit	Biscuits & Sausage Gravy Tater Tots Cereal, Granola Yogurt & Fresh Fruit	Muffin, Donuts or Bagels Cereal, Granola Yogurt & Fresh fruit
<b><u>LUNCH:</u></b>		Hamburger with Cheese on a Bun Beans Variety of Chips Salad Bar	Macho Nachos Beef or Chicken Salad Bar	Hot Dogs or Brats with a Bun Spiral Fries Beans Salad Bar	Philly Steak Hoagie Seasoned Fries Salad Bar	BBQ Ribs on a Bun Tater Tots Salad Bar	
<b><u>DINNER:</u></b>	Roasted Turkey Breast Mashed Potato With Gravy Stuffing Dinner Rolls Salad Bar Cake	One Pan Enchiladas Beef or Chicken Refried Beans Mexican Rice Chips & Salsa Salad Bar Cookies	Meatloaf Scalloped Potatoes Broccoli with Cheese Dinner Roll Salad Bar Cake and Ice Cream	Baked Tortellini Italian Sausage Bread Sticks Salad Bar Brownies	Chicken Fried Chicken Mashed Potatoes with Country Gravy Fresh Steamed Carrots Dinner Roll Salad Bar Pudding	Sloppy Joes on a Bun Beans Variety of Chips Salad Bar Cookies	

**NOTES:**

**Menu is subject to change due to product availability.**

**JUICE: served at Breakfast Only.**

**MILK & WATER: Served at all Meals.**

**COFFEE: served at Breakfast, Lunch then back on in the afternoon through Dinner.**

**SALAD BAR: A Variety of Salads and Dressings, Fresh Vegetables.**

**AVAILABLE ALL DAY: Apples, Oranges.**

# 2020 CAMP CEDARS

## SUMMER CAMP MENU FOR WEEK #5

	<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	
<b><u>BREAKFAST:</u></b>		French Toast Casserole Sausage Links Cereal, Granola Yogurt & Fresh Fruit	BKFT Sandwiches Potato Wedges Cereal, Granola Yogurt & Fresh Fruit	Scrambled Eggs Sausage Links Cereal, Granola Yogurt & Fresh Fruit		Waffles and Bacon Cereal, Granola Yogurt & Fresh Fruit	Biscuits with Sausage & Gravy Tater tots Cereal, Granola	Muffin, Donuts or Bagels Cereal, Granola Yogurt & Fresh fruit
<b><u>LUNCH:</u></b>		Walking Tacos Beef or Chicken Refried Beans Salad Bar	Chicken Parmesan Sandwiches Spiral Fries Salad Bar	Hot Dogs or Brats with a Bun Beans Variety of Chips Salad Bar		Hamburger with Cheese on a Bun Seasoned Fries Salad Bar	BBQ Ribs on a Bun Shoestring Fries Salad Bar	
<b><u>DINNER:</u></b>	Ham Steaks or Chicken Breast Christmas Potatoes Fresh Broccoli & Cauliflower with Cheese Dinner Roll Salad Bar Cake	Chili Size on Garlic Bread Spiral Fries Salad Bar Cookies	Sweet n Sour Chicken General Tao's Chicken Egg Rolls Fried Rice Fresh Broccoli Fortune Cookie Salad Bar Cake and Ice Cream	Baked Ziti with Meatballs Garlic Sticks Salad Bar Brownies		Pork Tenderloin Potatoes Fresh Carrots Dinner Roll Salad Bar Pudding	Sloppy Joes on a Bun Beans Variety of Chips Salad Bar Cookies	

**NOTES:**

**Menu is subject to change due to product availability.**  
**JUICE: served at Breakfast Only.**  
**MILK & WATER: Served at all Meals.**  
**COFFEE: served at Breakfast, Lunch then back on in the afternoon through Dinner.**  
**SALAD BAR: A Variety of Salads and Dressings, Fresh Vegetables.**  
**AVAILABLE ALL DAY: Apples, Oranges.**

# 2020 CAMP CEDARS

## SUMMER CAMP MENU FOR WEEK #6

	<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b><u>BREAKFAST:</u></b>		Blueberry French Toast Sausage Links Cereal, Granola Yogurt & Fresh Fruit	Waffles with Syrup Sausage Links Cereal, Granola Yogurt & Fresh Fruit	BKFT Casserole with Tater tots, Sausage Cereal, Granola Yogurt & Fresh Fruit	BKFT Pizza Cereal, Granola Yogurt & Fresh Fruit	Biscuits with Sausage Gravy Tater Tots Cereal, Granola Yogurt & Fresh Fruit	Muffin, Donuts or Bagels Cereal, Granola Yogurt & Fresh Fruit
<b><u>LUNCH:</u></b>		Meatball Hoagie Seasoned Fries Salad Bar	Hot Dogs or Brats with a Bun Beans Variety of Chips Salad Bar	Macho Nachos Beef or Chicken Refried Beans Salad Bar	Chicken Nuggets Mac and Cheese Salad Bar	BBQ Ribs on a Bun Beans Shoestring Fries Salad Bar	
<b><u>DINNER:</u></b>	Open Face Roast Beef On a Bun Mashed Potatoes with Gravy or French Fries Steamed Broccoli Or Cauliflower With Cheeser Salad Bar Cake	Chicken Fried Chicken Mashed Potatoes with Country Gravy Fresh Carrots Cornbread Rolls Salad Bar Cookies	One Pan Enchiladas Beef or Chicken Refried Beans Mexican Rice Chip and Salsa Salad Bar Cake and Ice Cream	Baked Ziti or Tortellini with Italian Sausage Garlic Bread Sticks Salad Bar Brownies	Meatloaf Garlic Mashed Potatoes Fresh Broccoli and Cauliflower with Cheese Rolls Salad Bar Pudding	Sloppy Joes on a Bun Beans Variety of Chips Salad Bar Cookies	

**NOTES:**

**Menu is subject to change due to product availability.**  
**JUICE: served at Breakfast Only.**  
**MILK & WATER: Served at all Meals.**  
**COFFEE: served at Breakfast, Lunch then back on in the afternoon through Dinner.**  
**SALAD BAR: A Variety of Salads and Dressings, Fresh Vegetables.**  
**AVAILABLE ALL DAY: Apples, Oranges.**