



# CAMP AMIKARO 2022

## Leader Guide

# Table of Contents

➤ <b>Welcome to Camp Amikaro</b>	3
➤ <b>Before Camp</b>	
○ Session dates and fees	4
○ Camperships	4
○ Refunds	4
○ Cub Scout to Adult Attendance Ratios	5
○ Other Pre-Camp Information	6
▪ Pre-Camp Parents and Leaders Meetings	6
▪ Accommodations	6
▪ Insurance	6
▪ Health & Safety	7
▪ Health Forms	7
▪ Swim Checks	7
○ What to Bring	8
○ Directions to Camp	9
➤ <b>At Camp</b>	
○ Arrival and Check-in Procedures	10
○ Sleeping Arrangements	10
○ Showers	10
○ Valuables & Gear	11
○ Emergencies	11
➤ <b>Program Information</b>	
○ A Typical Day at Camp	12
○ Meals	12
○ Camp Schedule	13
○ Program Offerings	15
○ Camp Maps	16
➤ <b>Departure from camp</b>	
○ Evaluations	18
○ Campsite Clean-Up and Check-Out	18
➤ <b>Other</b>	
○ Camp Policies	19
○ Contact information	22

## Welcome to Camp Amikaro!

We are so excited to have you join us for a weekend of fun this summer at Camp Amikaro! Whether you're brand new to Cub Scouts and camping, or this isn't your first rodeo, Camp Amikaro is sure to offer excitement, challenge, and adventure for you and your Cub Scout(s).

**Expect an UNPARALLELED summer adventure this year!** Our theme of **Wild West** will be integrated into every aspect of camp from our programs to meal service. Our 2022 program curriculum uses the latest updated Cub requirements, helping to keep parents and leaders ahead of the curve. In 2022 we look to further improve our STEM activities and will also be adding in two new program areas- handicraft and field games. Of course, we will also be offering all your favorite camping activities, such as archery, BB-guns, swimming, boating, climbing, and nature too. Our campers (and the adults) have a lot to look forward to!

In this guide, you will find the information needed to prepare for a great camping experience with your Scouts. You will find important details regarding your trip to Camp Amikaro including how to prepare for camp, what to bring to camp, and what to expect while you're there.

You will also find a reminder to attend our February 5th/ April 23<sup>rd</sup> pre camp meetings. At these meetings, camp staff members will go into detail on programming and facilities at camp, and attendees have an opportunity to ask questions, share stories, and meet the key leadership for 2022. If units/ families would like to tour one of our camp properties prior to camp, they can easily do so by contacting [mac@scouting.org](mailto:mac@scouting.org).

We hope you find the information included here helpful. Please visit [www.gocubcamping.org](http://www.gocubcamping.org) for more details and follow us on Facebook for frequent updates on Camp Amikaro. We look forward to seeing you at camp!

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# Sessions and Fees

## 2022 Camp Amikaro Dates

*NOTE: Each session is limited to the first 250 people that register.*

### Little Sioux Scout Ranch

**Session 1** June 10-12

**Session 2** June 17-19

**Session 3** June 24-26

**Session 4** July 1-3

### Camp Cedars

**Session 5** July 8-10

**Session 6** July 15-17

## 2022 Camp Amikaro Fees

### 2022 Camp Fees for Cub Scouts:

- ***\$100 if registered by March 10, 2022***
- ***\$115 if registered after March 10, 2022***

### 2022 Camp Fees for Adults & Leaders: \$60

Youth whose fees are paid in full by May 20, 2022 are guaranteed to receive a free camp t-shirt. After the deadline, t-shirts will be available for purchase at the camp Trading Post, with limited sizes available. To meet camp fee deadlines, fees must be fully paid through the online registration system, at the Durham Scout Center, or at the Sioux City Service Center. Adults can add a t-shirt to their registration for \$8, or purchase in the trading post at camp with limited sizes available.

**Packs and individual families can register online at [www.GoCubCamping.org](http://www.GoCubCamping.org) and choose their session today!**

## Camperships

No Scout should miss out on the opportunity to attend resident camp due to financial need. Funds are available to help Scouts who need financial assistance to attend camp. Scouts from units that conduct an Investment in Character campaign presentation as well as participate in popcorn sales and camp card sales will receive first priority. All campership information is kept confidential. Campership applications must be received in the Durham Scout Center by April 3, 2022. The application will be available online early January 2022 at <https://mac-bsa.org/scouting-tools/financialassistance/>.

## Refunds

Part of a Scout or Leader's fee will be refunded only under one of the following circumstances:

- Individual illness or injury
- Death or serious illness in the immediate family
- Relocation of the family outside of the Mid-America Council

Refunds may be requested up to two weeks after the conclusion of the registered session. Pre-registration fees for a Scout or Scouter may be transferred to another Scout or Scouter. For refund assistance please contact [mac@scouting.org](mailto:mac@scouting.org).

# Cub Scout to Adult Attendance Ratio

Tiger Scouts		BSA National Standard of Two- Deep Leadership requires these ratios	
# of Scouts	# of Adults		
1-2	1	Webelos/ AOL Ratios	
Wolf & Bear Scouts		# of Scouts	# of Adults
1-8	2	1-10	2

## BSA National Standard of Two-Deep Leadership

Any adult must be at least 21 years of age and a registered leader or participating parent. National Scouting policy requires two-deep leadership (two registered adult leaders/parents). It is not required that each Scout have their parent/guardian attend for the Scout to attend **except for Tiger Cubs, which do require the attendance of their Tiger Adult Partner. All Scouts must have adult leadership from either their parents or their unit present. Scouts may not attend Camp Amikaro alone.** Our Resident Camp maintains the above ratios of leadership to ensure the BSA's National Standard is met.

All adults must have current Youth Protection Training to attend camp. To get trained, visit [www.My.Scouting.org](http://www.My.Scouting.org). You can create a free account and click on the "Youth Protection Training" logo on the main page.

In the instance that a Pack does not have a second or subsequent leader/parent, we will pair those Scouts and leaders with another Pack to allow them to attend. Communication with the Camp Director or [mac@scouting.org](mailto:mac@scouting.org) prior to the arrival of camp is a MUST to be paired with another unit. **If paired with another unit, there still must be at least one leader in camp at all times from each unit. No youth may attend Camp Amikaro alone.**



# Other Pre-Camp Information

## Pre-Camp Informational Meetings

These meetings are designed to inform leaders and parents what they should be doing to prepare their Cub Scouts for camp. Some of the information will include program highlights, camp fees, important dates, and what Scouts should do before they come to camp. There will also be time for leaders to ask questions. These meetings are intended to help those leaders, especially new leaders, who want their Scouts to get everything they can out of the Cub Camp experience. Parents/ leaders can attend one or both meetings. If parents/leaders would like a tour of camp, please reach out to [mac@scouting.org](mailto:mac@scouting.org) to get in contact with one of our Camp Rangers.

Date	Time	Location
February 5, 2022	10:00-11:00 am	Zoom
April 23, 2022	10:00-11:00 am	Zoom

Pre-register for these meetings here to receive the zoom link: <https://scoutingevent.com/326-precamp>

## Accommodations

The Camp Amikaro team works hard to make our camp comfortable and accessible to those with special needs all year round. If anyone in your unit has special dietary, health, or mobility needs, we ask that you please make your needs known as soon as possible to allow time for reasonable accommodations for your requests. Be specific and indicate a contact person in case the Camp Director has any questions in meeting the accommodation. **Deadline for special requests is two weeks before the start of your camp session.** Please include dietary needs in the “dietary restrictions” section of the online registration.

**Peanut Allergy:** We recognize that the occasional Scout or Scouter may have a peanut allergy. We are not able to create a completely peanut-free environment in camp. However, peanut-free tables will be identified in the dining pavilion if needed.

## Insurance

The Mid-America Council has purchased the National Boy Scouts of America Council Accident & Sickness Insurance Plan, which will cover all registered Mid-America Council Pack, Troop, and/or Crew members for both accidents and illnesses that manifest during participation in Scouting activities. All out-of-council units and other groups or individuals attending camp will not be covered by the Mid-America Council plan. Out-of-council Packs should bring proof of insurance from their council.

## Health & Safety

Our health lodge is maintained and staffed with qualified personnel for the health and safety of all campers at all times. The health officer must check all medications, prescription and non-prescription drugs brought to camp, in accordance with BSA policy. Any schedule II medications must be kept locked in the health office or with the health officer at all times. All medications must be brought in the original container with the name of the person it belongs to clearly labelled. All injuries occurring at camp must be reported to the health lodge and registered in the camp's first aid log.

## Health Forms

**All campers, including adults, MUST** bring a copy of their BSA Annual Health & Medical Record with parts A & B completed within the past 12 months. **School physical forms cannot be accepted.** Please use this form found online [http://www.scouting.org/filestore/HealthSafety/pdf/680-001\\_AB.pdf](http://www.scouting.org/filestore/HealthSafety/pdf/680-001_AB.pdf) and bring it to camp. **There are no waivers nor exceptions.** Each individual should have their own health form available to turn in during check in. Health forms should be picked up before leaving camp.

## Swim Checks

Your Den or Pack may test for swim checks prior to arriving at camp. If you choose to do so, you must use the Unit Swim Classification Record form which can be found at

<https://filestore.scouting.org/filestore/outdoor%20program/aquatics/pdf/430-122.pdf>.

**Please be advised when swim tests are conducted off-site prior to the camp session, the camp Aquatics Director retains the right to review or retest any or all participants. These swim tests must be conducted annually.**

Campers will be divided into three ability groups: non-swimmers, beginners, and swimmers.

- *Non-swimmers* have not passed a swimming test or choose not to test.
- *Beginners* must pass this test: Jump feet first into water over the head in depth, level off and swim 25 feet on the surface, stop, turn sharply, resume swimming, then return to the starting place.
- *Swimmers* pass this test: Jump feet first into water over the head in depth, swim 75 yards in a *strong* manner using one or more of the following strokes: sidestroke, breaststroke, trudgen, or crawl; then swim 25 yards using an easy resting backstroke. The 100 yards must be completed in one swim without stops and must include at least one sharp turn. After completing the swim, rest by floating.



**Swim checks will be available during check-in at camp. See camp schedule for more details.**

# What to Bring to Camp Amikaro

- ⇒ BSA Health History Form, Parts A & B (completed and current)
- ⇒ Official Scout uniform (uniform shirt, along with neckerchief w/slide, shorts, belt, & socks if you have them)
- ⇒ Camp t-shirt (can be picked up at the Trading Post throughout the weekend if fully paid by May 20, or may be purchased in the camp trading post)
- ⇒ Extra shirts, shorts, underwear, socks, etc.
- ⇒ Pajamas
- ⇒ Sweater or light jacket
- ⇒ Jeans or long pants
- ⇒ Swimming suit- see additional notes below
- ⇒ Sunblock
- ⇒ Raincoat or poncho (we strongly recommend a durable raincoat with a hood and discourage the single-use plastic ponchos)
- ⇒ Hiking boots or sturdy tennis shoes
- ⇒ Water shoes or 2<sup>nd</sup> pair for boating
- ⇒ Hat or cap
- ⇒ Bath towel
- ⇒ Toothbrush & toothpaste
- ⇒ Shampoo, soap, comb
- ⇒ Sleeping bag or blankets, pillow
- ⇒ Personal tent
- ⇒ Flashlight & extra batteries
- ⇒ Scout handbook
- ⇒ Paper & writing utensil
- ⇒ Mosquito repellent
- ⇒ Water bottle or hydration pack
- ⇒ Excitement for camp!

## Optional Items:

- ⇒ Swim check form (completed and current, see previous section for link to form)
- ⇒ Camera
- ⇒ Sunglasses
- ⇒ Sewing kit
- ⇒ Trash bags
- ⇒ Football, Frisbee, etc.
- ⇒ Deck of cards
- ⇒ Money for camp trading post
- ⇒ Reusable coffee cup/mug for adults

## Swimsuits

Men – Trunk style suits only. No competition style swimsuits such as Speedos or Jammers.

Women – One-piece swimming suits only. Must be conservatively cut in legs, back, and chest.

## Scout Uniforms

Scouts and leaders will be asked to wear Scout uniforms at all evening flag ceremonies and evening meals.



## Directions to Little Sioux Scout Ranch

Physical address is: 32977 Larpenteur Memorial Road, Little Sioux, Iowa 51545.\*

**From Omaha:** I-29 North to exit 95 toward Little Sioux. At the top of the exit, turn right onto Easton Trail/Vine Street. Drive 1.7 miles and turn left onto Main Street/CR-F20. There is a LSSR sign on the southwest corner. Drive 2.2 miles on CR-F20 until you come to the fork in the road. Take the left fork and drive 3.4 miles on Larpenteur Memorial Road until you reach the camp on the right side of the road.

**From Sioux City:** Take I-29 South to exit 105 toward Blencoe. Turn left onto Highway East 60. Drive 8.7 miles following Highway E-60. Turn right onto Larpenteur Memorial Road. Drive 1.6 miles south until you reach the camp gate on the left side of the road.

*\*Using some GPS services, such as MapQuest or Garmin GPS devices, may take you in the wrong direction. We recommend using the written directions above. Google Maps usually provides the correct location and fairly good directions, so long as the address is entered correctly.*

## Directions to Camp Cedars

Physical address is: 2898 Tom Lee Road, Cedar Bluffs, NE 68015.

**From Omaha:** Highway 6 towards Fremont, NE. Continue on 275 W. State Route 36 exit toward Bennington/Fremont. Turn left onto NE-36 W/Pawnee Rd. Take a Slight right toward W Reichmuth Rd at the light. Continue on Old US Hwy 275. Turn left onto S Downing St at the light. Turn right at the first stop sign. Continue onto E Cloverly Road. Turn left onto US-77 S/S Broad St. Turn right onto NE-109 S and continue for 3.4 miles. Turn right onto CR- 15. Turn left onto 2 Mile Rd until Camp Cedars sign on the right side of the road. Turn right at sign and continue straight to the main gate.

**From Sioux City:** Follow US-77 S to NE-109 S in Nebraska. Turn right onto NE-109 S and continue for 3.4 miles. Turn right onto Co Rd 15. Turn left onto 2 Mile Rd until Camp Cedars sign on the right side of the road. Turn right at sign and continue straight to the main gate.

# At Camp

## Arrival and Check-In Procedures

A Leaders Meeting video will be sent out during the week prior to your session. Please review the video and share with all families/ leaders that are attending camp. Please plan to arrive between 3:00 p.m. and 5:00 p.m. on Friday. **Please do NOT arrive before 3:00 PM** Early arrivals are not able to be accommodated. Parking space is limited at camp, so we recommend that packs/ dens carpool and caravan to camp as best as possible. Late arrivals should check-in with staff in the Welcome Center (LSSR)/ Admin Building (Cedars).

Upon arrival to camp, all campers will remain in their vehicles. Please have the health forms for each person readily available in the vehicle they are riding in. Do not turn in all health forms at once. Our camp Medical Staff will review these at check-in and may request a follow-up discussion with the camper or a responsible adult to go through any health concerns and/or any medications they may have brought to camp.

All participants will be given wristbands upon check-in. For security, the wristbands are required to be worn at all times to help verify individuals who are authorized to be on camp property. Individuals without wristbands will be asked to go to the camp office.

During check-in, campers will be permitted to pull vehicles alongside the main road to unload gear at their campsite. Absolutely no vehicles will be permitted to drive into campsites. All vehicles should be returned to the long-term parking area immediately after unloading. Except for loading and unloading, only camp service vehicles are allowed beyond the parking area while camp is in session. Camp staff will be available to assist with unloading gear and setting up your campsite.

Packs that pre-ordered t-shirts will be able to pick those up at the Trading Post when it is open throughout the weekend. Additional t-shirts can also be purchased in the trading post for adults and youth that did not pre-order, though sizes may be limited.

## Sleeping Arrangements

Packs will be assigned a camping area upon arrival to camp. Please camp in this assigned area to help us ensure camper safety and security. At Little Sioux Scout Ranch, campers will need to bring their own tent and sleeping items to be comfortable (sleeping bag, blankets, pillows, pads, etc.) There are also RV Camper spots with electricity available for \$25 at LSSR. At Camp Cedars, campers will have the option to sleep in a canvas tent or bring their own tent. Campers will also need to bring their own sleeping items at Camp Cedars whether using a canvas tent or their own. Camp Cedars also has limited RV spots without electricity at no cost.

## Showers

Little Sioux features a private shower house available to all campers.

Camp Cedars features private shower houses available to all campers at the North, Central, and South shower houses as well as at the pool. There are also restrooms available in the Heritage Lodge near the climbing tower and equestrian center.

## Valuables and Gear

Leaders should ask Scouts to bring as few valuables as possible to camp. Each unit is advised if possible to have a leader responsible for Scout's money to prevent lost/stolen money if the Scouts parents are not attending with them. Adult supervision is a MUST. Scouts are not permitted to walk through other units' campsites. Scouts should be encouraged to respect their own gear as well as that of all others. LSSR, Camp Cedars, and the Mid-America Council work hard and spend a great deal of money to provide tools, program supplies, etc. for the enjoyment of all our visitors. Please oversee the behavior of your Scouts to guard against theft or vandalism of camp property. If we take care of all we have, things at camp will only get better.

All Scouts and adults must bring a plastic or metal cup, canteen, refillable water bottle, or hydration pack which must be carried at all times in order to help prevent dehydration. A rain jacket and flashlight are also highly recommended. Scouts may also choose to bring a day pack or other bag in which to carry these items and other incidentals. These items may also be purchased at the trading post. Please label all personal gear with a name, unit number, and city for best chances of return if lost.

Scouts are permitted to bring snacks to camp. However, storing food in tents can attract animals, so campers do so at their own risk. If you bring snacks, you are advised to bring individually packaged, healthy items such as granola bars. The meals provided at camp supply sufficient nutrition and energy for the session and the trading post will be open for additional snacks.

**Refer to page 8 for a full list of personal items to bring to camp.**

## Emergencies

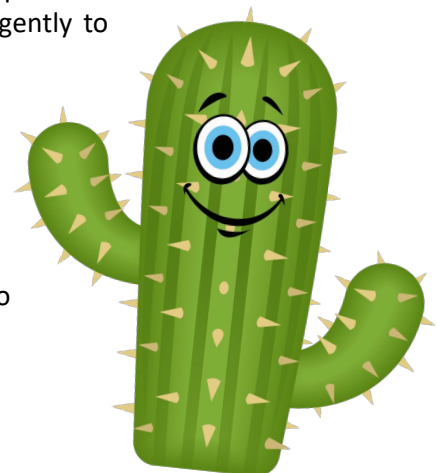
While camp is in session, the main camp office will have someone on duty to help handle any emergency that may arise including those that may involve the camp health officer. Staff in each area also have radios that can communicate with camp leadership and the health officer at all times.

Outside of summer camp and during the business hours of 8:30 a.m. to 4:30 p.m. Monday through Friday, you may call the Camping Director at (816) 868-0815 or the Durham Scout Center at (402) 431-9272. If you are calling the Council office, state the nature of the emergency and provide a contact name, unit number and phone number, and we will contact the camp as soon as possible.

Understand that you may reach a voicemail, but we will work diligently to respond as quickly as voicemails can be retrieved.

### The "S" rules

- Stay with a buddy.
- Stay within camp boundaries.
- Sanitation – scrub with soap!
- Stay out of other people's stuff. Permission must be given to enter another's sleeping area.
- Sticks & stones stay on the ground.



# A Typical Day at Camp

## Morning Routine

Breakfast each morning will be an open buffet style. Please be courteous of other campers by taking only what you think you'll eat and paying attention to the quantity limits posted for certain popular items. You may come and go from breakfast whenever you'd like, which should give enough time for all campers to use the shower/ restroom facilities as needed. Breakfast service will end at 8:30 am, and at 8:45 am all campers will assemble at the Flagpole outside of the dining pavilion for morning flags and announcements before classes begin at 9:15 am.

## Morning & Afternoon Programs

Throughout your time at camp, Scouts will travel with their group to various program stations and activities. Adult leaders may be asked to assist the staff as needed with certain activities that need extra supervision or safety precautions. Campers will be provided activity schedules, and it is essential these are followed for camp to run smoothly. Free time will be available during designated times in the camp schedule.

## Evening Programs

After dinner on Saturday night, Scouts and Adults can participate in a Scouts Own Service. Each evening will conclude with a campfire. On Friday night, the staff will put on the show with skits and songs, and on Saturday night it's the campers turn to provide the entertainment. Scouts interested in performing a song or skit at Saturday night's campfire should see designated staff throughout the weekend to sign up. Campers are encouraged to bring chairs or blankets to sit on during campfires at Little Sioux Scout Ranch. Camp Cedars has benches in the amphitheater for all campers. Following the campfire, there may be opportunities for campers to participate in a night hike, flag retirement ceremony, or night sky viewing depending on the camp location. Check the Camp Schedule for each camp location for more information.

## Meals

Meals are served buffet-style. Breakfast and lunch are come-and-go as you wish, while dinner will begin for all campers immediately following evening flags. A full menu will be published mid-April at [gocubcamping.org](http://gocubcamping.org). Please note any dietary needs in the online registration. Here is what a typical day's menu may look like:

### **Breakfast**

Eggs  
Sausage Links  
Potato Wedges  
Cereal / Fresh Fruit / Yogurt  
Milk/ Juice

### **Lunch**

Chicken Sandwich  
French Fries  
Salad Bar  
Peanut Butter/Jelly  
Lemonade / Tea

### **Dinner**

Burgers / Hot Dogs  
Vegetable Medley  
Peanut Butter/Jelly  
Salad Bar  
Lemonade / Tea



## Camp Schedule- Little Sioux Scout Ranch

### Friday

3:00 PM	Check-in and Swim Tests Begin	Swim tests at Lakefront
5:00 PM	Check-in Ends	
5:30 PM	Swim Tests End	
5:50 PM	Flags	
6:00 PM	Dinner	Pavilion
8:00 PM	Campfire	Stage
8:45 PM	Night Hike	Meet at Trading Post
10:00 PM	Lights Out	

### Saturday

7:00 AM	Reveille	
7:00 AM	Open Breakfast	Pavilion
8:30 AM	Breakfast Ends	Pavilion
8:45 AM	Morning Flags	Pavilion Flagpole
9:15 AM	First Period	Activity Areas
10:15 AM	Second Period	Activity Areas
11:15 AM	Third Period	Activity Areas
12:00- 1:00 PM	Lunch	Pavilion
1:30 PM	Fourth Period	Activity Areas
2:30 PM	Fifth Period	Activity Areas
4:00 PM	Free Time Begins	Activity Areas
5:15 PM	Free Time Ends	Activity Areas
5:50 PM	Evening Flags	Pavilion Flagpole
6:00 PM	Dinner	Pavilion
7:15 PM	Scouts' Own Worship Service	Chapel
8:00 PM	Campfire	Stage
	Flag Retirement Ceremony	Stage
9:00 PM	S'mores	Campsites
10:00 PM	Lights Out	

### Sunday

7:00 AM	Reveille	
7:00 AM	Open Breakfast Begins	Pavilion
8:30 AM	Breakfast Ends	Pavilion
8:45 AM	Morning Flags	Pavilion Flagpole
9:15 AM	Sixth Period	Activity Areas
10:15 AM	Seventh Period	Activity Areas
11:15 AM	Eighth Period	Activity Areas
12:00 PM	Lunch	Pavilion
1:00 PM	Check Out Begins	
2:00 PM	All Campers Depart	

## Camp Schedule- Camp Cedars

### Friday

3:00 PM	Check-in and Swim Tests Begin	Swim tests at Pool
5:00 PM	Check-in Ends	
5:30 PM	Swim Tests End	
5:50 PM	Flags	Dining Hall Flag
6:00 PM	Dinner	Dining Hall
8:30 PM	Campfire	Amphitheater
10:00 PM	Lights Out	

### Saturday

7:00 AM	Open Breakfast	Dining Hall
8:30 AM	Breakfast Ends	Dining Hall
8:45 AM	Morning Flags	Dining Hall Flag
9:15 AM	First Period	Activity Areas
10:15 AM	Second Period	Activity Areas
11:15 AM	Third Period	Activity Areas
12:00 PM	Lunch	Pavilion
1:30 PM	Fourth Period	Activity Areas
2:30 PM	Fifth Period	Activity Areas
4:00 PM	Free Time Begins	Activity Areas
5:15 PM	Free Time Ends	Activity Areas
5:50 PM	Evening Flags	Dining Hall Flag
6:00 PM	Dinner	Dining Hall
7:15 PM	Scouts' Own Worship Service	Pohuk Point (Bring a
Chair)		
8:00 PM	Campfire	Amphitheater
	Flag Retirement Ceremony	Amphitheater
9:00 PM	S'mores	Campsites
10:00 PM	Lights Out	

### Sunday

7:00 AM	Open Breakfast Begins	Dining Hall
8:30 AM	Breakfast Ends	Dining Hall
8:45 AM	Morning Flags	Dining Hall Flag
9:15 AM	Sixth Period	Activity Areas
10:15 AM	Seventh Period	Activity Areas
11:15 AM	Eighth Period	Activity Areas
12:00 PM	Lunch	Dining Hall
1:00 PM	Check Out Begins	
2:00 PM	All Campers Depart	

# Program Offerings

## **Traditional Program Schedule (offered to all campers Tiger- Arrow of Light)**

All packs/ dens will rotate to each program area throughout the weekend with all ranks participating side by side in activities. While many activities naturally offer varied levels of challenges for different age ranges/ ranks, others may require older campers to do additional activities during free time or outside of camp to complete the adventures for their rank. Leader/ parent assistance may be requested by staff to aid in ensuring all Scouts are participating at a level that is appropriate for their age/rank.

Program areas and activities will follow the guide below. The adventures listed below may be partially or fully completed at camp depending on the adventure. Checklists will be available at camp for leaders to mark off what requirements their Scouts completed to aid in the advancement and recognition of each Scout post camp. Rotation and group schedules will be emailed the week prior to your session.

We know that each Scout will arrive at camp with varying comfort levels and experience with certain activities and may or may not desire to complete all activities offered at camp. We ask that leaders/ parents allow the staff to instruct and guide the Scouts through the activities and do their best to follow a “challenge by choice” approach.

*Advancement guide: Coming Fall 2022!*

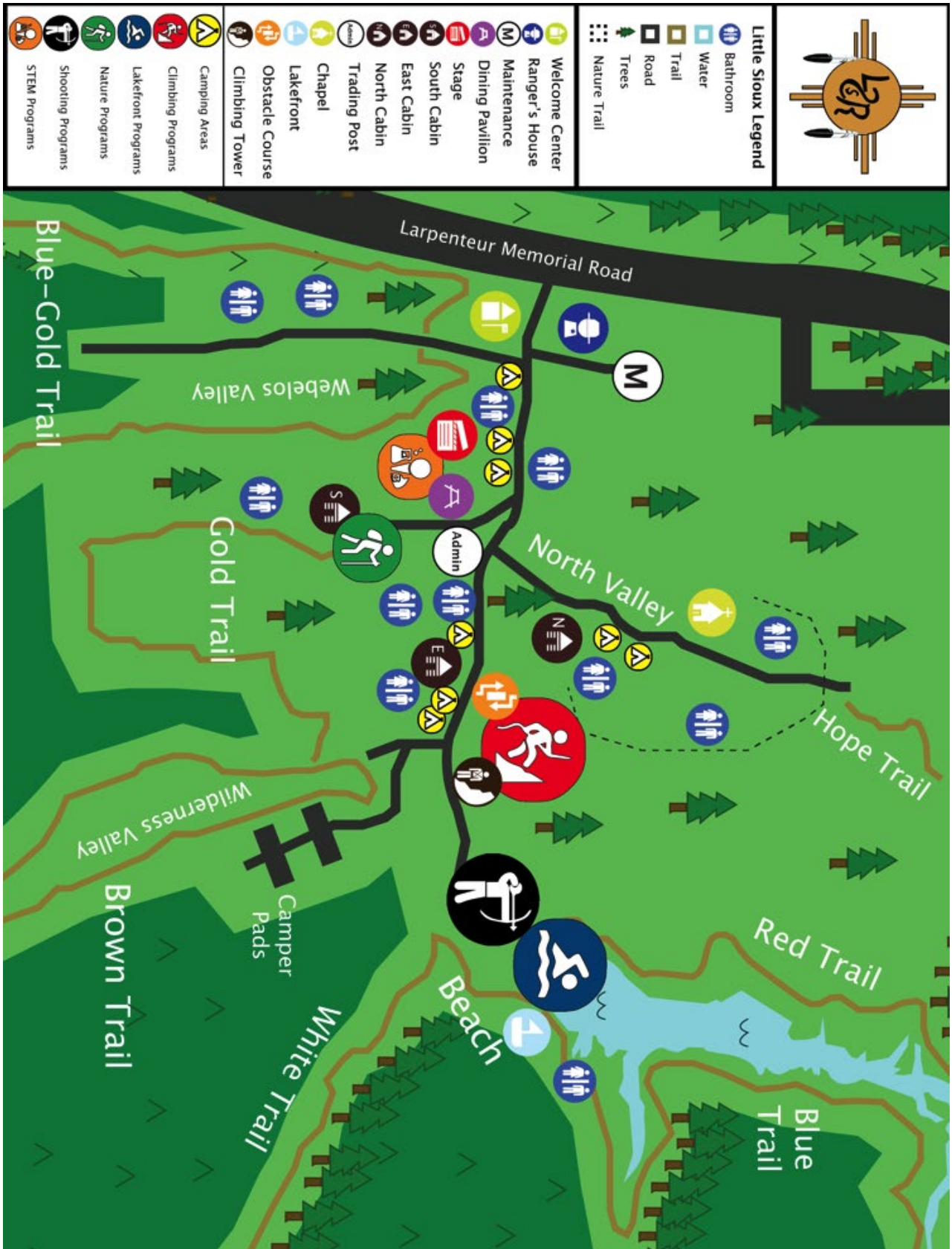
## **Webelos Outback (Only available to Webelos rank- entering 4th grade Fall of 2022. Pre-registration required.)**

The Webelos Outback program provides Webelos an opportunity to experience greater challenges and activities that align with their ranks' specific adventures. In this program, Webelos will split into patrols and learn about the patrol method used in Scouts, BSA Troops while learning skills like first aid, basic navigation, aquatics safety, outdoor cooking, fire building, and more outdoor skills. Webelos must pre-register for this program in the event registration process. This program will take place only on Saturday and will include an optional outpost on Saturday night. On Sunday, the participants in this program will join the rest of their pack/ be assigned to a group for the last three program rotations. Check out the Webelos Guide on the event registration page for more info.

## **Arrow of Light Adventure (Only available to AOL rank- entering 5th grade Fall of 2022. Pre-registration required.)**

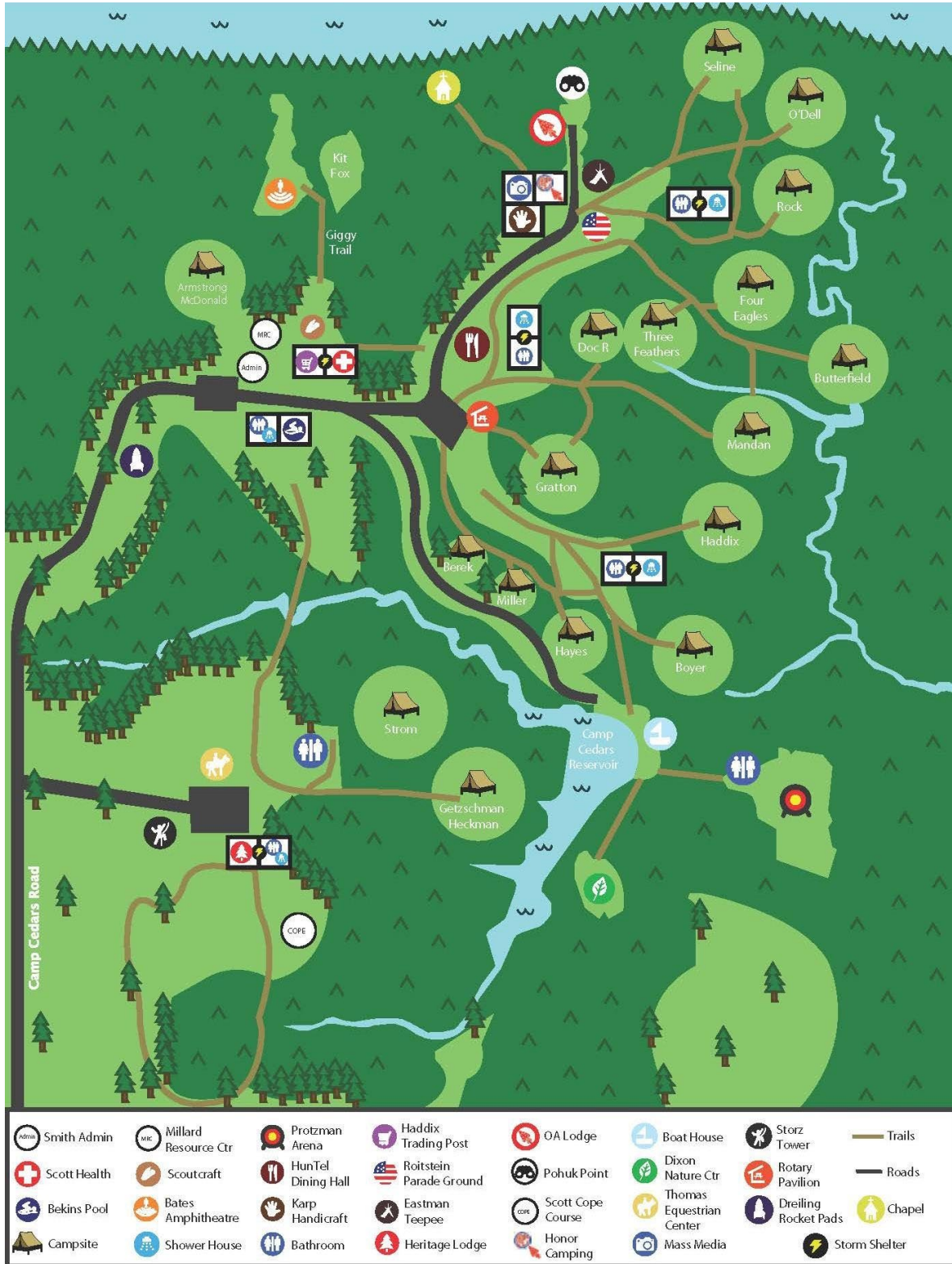
The Arrow of Light Adventure (AOL- 2nd year Webelos) program provides AOLs an opportunity to experience greater challenges and activities that align with their ranks' specific adventures. In this program, Arrow of Lights will split into patrols and learn about the patrol method used in Scouts, BSA Troops while learning skills like emergency preparedness, knife safety, knot tying, fire building, and more outdoor skills. AOLs must pre-register for this program in the event registration process. This program will take place only on Saturday and will include an optional outpost on Saturday night. On Sunday, the participants in this program will join the rest of their pack/ be assigned to a group for the last three program rotations. Check out the AOL Guide on the event registration page for more info.

# Little Sioux Scout Ranch Map





# Camp Cedars Map



# Departure from Camp

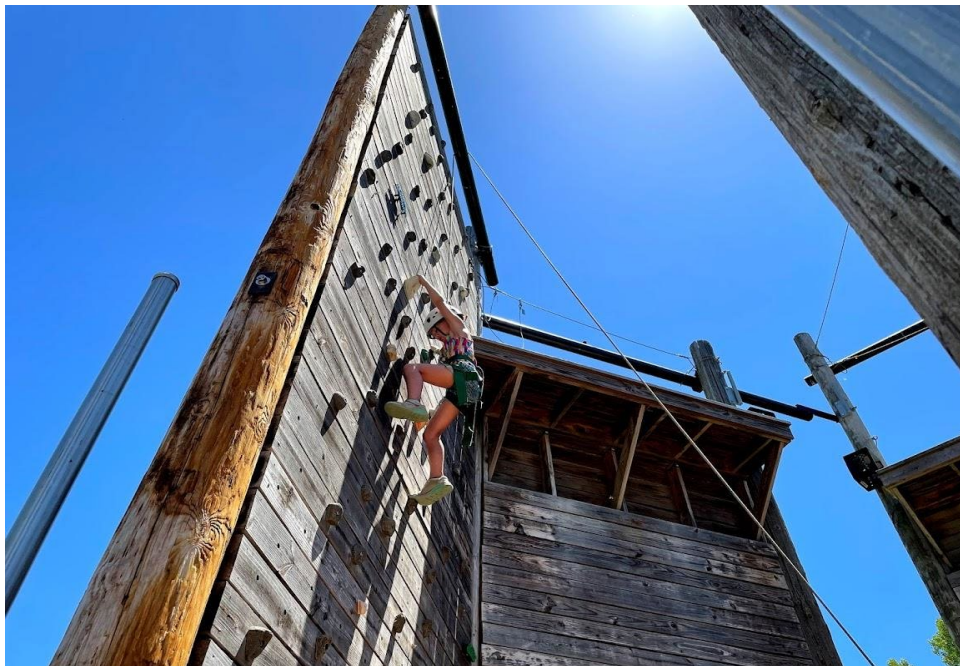
## Evaluations

Your feedback and comments on your experience at camp are very important to us. Paper evaluations will be available during the entire session at the trading post, and electronic evaluations will be sent out the week following your session. Please take a few minutes either at camp or during the week following camp to provide us with your feedback and any concerns or ways we can improve in areas like program, facilities, food, etc. Your comments will help us to improve the experience for other campers this summer and in the summers to come.

## Campsite Clean-up and Check-out:

On Sunday after lunch, all campers should pack up their belongings and campsites and depart camp by 2:00 PM. Vehicles may move from the parking lot to load gear, but **MUST** stay on the road. Once you are packed up and ready to head home, please stop in the Trading Post to collect your health forms and notify us that you are leaving camp so we can keep track of who is on property in case of an emergency. While there are activities scheduled Sunday morning and we would love the chance to offer the full experience to all of our campers, we understand that some families may need to depart camp earlier than Sunday afternoon. If you need to depart camp early, please notify the Camp Director, Program Director, or Camp Medic and collect your health forms before leaving.

While cleaning up, please keep in mind the Leave No Trace principles and do your best to leave the campsite in the best condition possible for the next campers who will utilize it. If there are any facility concerns or issues in your campsite, please notify any Camp Staff member as soon as possible, and definitely before departing camp so we can ensure it gets taken care of in a timely manner.



# Camp Policies

## Staff Responsibilities

Our Staff are responsible for making sure you have an unforgettable experience at Camp Amikaro. If there is anything we can do to assist in your camp experience, please let us know. All Staff members can be identified by a Camp Staff t-shirt and nametag. Our Staff are all registered members of the BSA and are trained not only in their assigned program areas but also in things like Youth Protection Training, harassment identification, emergency procedures, and more. Staff are meant to support the program offered at camp, not to provide adult leadership and discipline for your pack. All packs must provide the appropriate leadership ratios following the BSA guidelines outlined on [scouting.org](http://scouting.org) and in this Leader Guide.

## Camper Discipline

Discipline is the responsibility of the adult leadership attending with the Pack. The camp staff is available to help with, but not take over, any discipline problem. Under no circumstances is corporal punishment allowed. Take all serious discipline problems to the Camp Director. The Camp Director reserves the right to remove any person from camp who may present a threat to any Camp Staff or attendees, or to camp property.

## Alcohol and Drugs:

There are absolutely no alcoholic beverages or unapproved drugs allowed, or to be consumed, at camp. Anyone violating this policy will be asked to leave immediately and, if applicable, the appropriate law enforcement agency will be contacted. Prescription drugs need to be noted on your health form and checked in by the Camp Health Officer.

## Tobacco Usage

Tobacco usage is not allowed at camp. If it is legal for you to use tobacco and you must do so, you must secure permission from the Camp Director and follow strict directions on where and when it is appropriate.

## Knives

Scouts must have a "Whittling Chip" or "Totin' Chip" card to use a knife at camp. This card can be earned at camp, so the knife must not be used until it is earned. Blades may not be longer than four inches and must fold. Sheath knives are not permitted for any youth or adult at camp.

## Personal Shooting Sports Equipment

All personal firearms, ammunition, and archery equipment must be left at home. Camp will provide all necessary shooting sports equipment.

## Pets and Wildlife:

Absolutely no pets are allowed at camp. Camp abounds with wildlife. Do not attempt to touch or feed any wildlife. Report any wildlife that behaves in a strange manner to a staff member. This includes showing no fear of humans, biting, scratching, etc.

## **Liquid Fuels**

All liquid fuels present a potential safety and fire hazard. They should never be inside a tent. Only adults can use liquid fuels in camp.

## **Flames in Tents**

There will be no flames or heating elements of any kind in tents. All tents must have appropriate fire-dousing materials nearby.

## **Registered BSA Members**

All youth campers must be registered members of the BSA before attending camp. All adult leaders attending camp must be registered with the Boy Scouts of America or the parent/guardian of the child they are attending with.

All registered adults and unregistered parents must have taken Youth Protection Training online, and bring a certificate of completion to camp to show at check-in.

## **Uniforms**

All campers are encouraged to wear a Scouting related shirt for breakfast and lunch every day. This could include a resident camp or Pack t-shirt. The Cub Scout uniform shirt with appropriate neckerchief is the expected dress for evening flag ceremonies and dinner.

## **Electronic Devices**

These devices are not needed in camp. If a radio is needed, it must have headphones. Hand-held video game devices are discouraged due to their significant program distraction.

## **Vehicles**

The speed limit in camp is 5 miles an hour. All occupants of a truck must ride in the cab and must wear seat belts, absolutely no riding in the truck bed. All vehicles must be parked in the designated lot. Unapproved vehicles will not be allowed beyond the parking area. Please back your vehicles in when parking, if you are able. In case of an emergency, this will allow for easy evacuation.

## **Bikes**

Bicycles are permitted and encouraged for youth, camp staff, and adult leaders with the following rules enforced in camp. Failure to follow these rules may result in a bike being removed from the rider's possession.

- A helmet must be worn (and fastened) by the rider at all times and each bicycle is permitted to have a maximum of one rider.
- Riders are expected to know the rules of the road for bicycles and the BSA's policies on Bicycle Safety in the Guide to Safe Scouting (<https://www.scouting.org/health-and-safety/gss/gss08/>).
- Bicycles are for use on camp roads only and not permitted to be used on any trails or in campsites.
- When not in use, bicycles are expected to be parked off roadways and trails in such a way as to not impede vehicular or pedestrian traffic.
- Camp Amikaro and the Mid-America Council are not responsible for personal bicycles in camp, they are the sole responsibility of the owner.

## **Trading Post**

The trading post will carry Cub Scout supplies, handicraft material, souvenirs, sundries, snacks, candy, and soft drinks. Trading Post hours will be posted outside of the Trading Post.

## **Cleanliness**

Campsites and facilities will be clean and ready upon your arrival at camp. Leaders are responsible for the cleanliness of their campsites, latrines, tents, and Cub Scouts in their unit during your stay at camp. Please help Cub Scouts remember to wash their hands before meals. If a latrine, shower, or other area on camp needs attention throughout the weekend, please notify a Camp Staff member as soon as possible.

## **Lost & Found**

Please mark all belongings with name, city, and pack number. Lost and found items can be found in the Trading Post and Dining Pavilion. We will attempt to return all identifiable items to the owner. Items not claimed within two weeks after the completion of summer camp will be given to a charitable organization.

## **Weather**

The weather at camp is unpredictable throughout the summer months. Everything from warm summer days, thunderstorms, and cold nights are considered normal. Be prepared. Don't forget coats, rain gear, and warm sleeping bags, or bring an extra blanket. Check the forecast before leaving for camp. Camp will not be cancelled due to predicted inclement weather, though some activities may not be able to run as planned if thunder and lightning are present. Alternative activities will be available in those instances. The Camp Director and Program Director are constantly watching the weather through multiple different sources. In the event of a severe weather emergency, the sirens will sound and Camp Staff will guide campers to the nearest shelter. Please review the shelter locations shown on the maps in this guide and posted at camp with your Scouts upon arrival to camp.

# **Other Important Rules to Know**

- Open-toe sandals and flip flops are not permitted in camp for any campers- including adults. This is for your safety and protection.
- Any form of bullying, hazing, ridicule, or fighting is unacceptable and may result in expulsion from camp.
- Shower facilities are regulated to ensure no adults and youth will use them at the same time.
- All Scouts and adults must carry a water bottle or hydration pack at all times.
- Scouts are required to use the “buddy” system when traveling through camp.
- Proper adult supervision is strictly enforced in the lake area and is checked regularly by lifeguards, leaders and staff.
- Adult leaders must supervise all campfires. Each campfire must have a fire-dousing method nearby.
- Profanity is unbecoming of a Scout or Scouter and is not tolerated at camp.
- Sign-in and sign-out procedures are required. All visitors need to sign in and out through the camp office.
- Adult leaders must report any suspicion of abuse to the Camp Director immediately.
- If you need to enter a Scout’s sleeping area, before entering, announce your presence first and make sure another adult accompanies you.
- In the shower areas, in the event you feel it necessary to enter while a Scout is in the facility due

- to a behavior issue or possible injury, you may enter only when accompanied by another adult.
- Anyone caught stealing or vandalizing will be expelled from camp property and the unit will be responsible for providing compensation to the individual/unit/camp.

## Contact Information

- |                            |   |
|----------------------------|---|
| ⇒ Camp Director            | Madi Carstens (402) 214-8695 or <a href="mailto:madi.carstens@scouting.org">madi.carstens@scouting.org</a>              |
| ⇒ Council Camping Director | Christine Sammons, (816) 868-0815 or <a href="mailto:christine.sammons@scouting.org">christine.sammons@scouting.org</a> |
| ⇒ Scouter Services         | (402) 431-9BSA (9272) or <a href="mailto:mac@scouting.org">mac@scouting.org</a>   |
| ⇒ Sioux City Scout Center  | (712) 255-8846 or <a href="mailto:mac@scouting.org">mac@scouting.org</a>  |
| ⇒ Cub Camping Webpage      | <a href="http://www.GoCubCamping.org">www.GoCubCamping.org</a>  |

**SEE YOU AT CAMP!**

