

Dear Scout Leader and Parents.

We are excited that you will be joining us this summer! It is the vision of the Mid-America Council to provide unparalleled experiences for more youth. Where do these experiences happen? Much of the time, it's in a summer camp environment!

At Camp Cedars, we promise parents that we will offer their kids fun and adventurous things to do in the outdoors. These experiences will help Scouts develop leadership skills and values that are important to good citizenship and service to others. We hope each scout accomplishes the following at camp:

- a. The youth choose their programs to participate in for structured classes.
- b. Camp provides a safe learning environment.
- c. Each scout will learn a new outdoor skill or gain confidence in a current skill.
- d. Scouts complete merit badges during camp that are able to be completed.
- e. All participants will have fun at camp and get to know others in their group better.

Use this Leader Guide and the Camp Cedars website at www.GoScoutCamping.org as resources to prepare for camp. Please feel free to duplicate any and all material in this guide for distribution to leaders, Scouts, and parents.

Explore the Facebook page at www.facebook.com/campcedars regularly for exciting updates throughout the camp. Additionally, please share your camp photos and experiences with others on the Facebook page.

We firmly believe that you and your Scouts will leave with valuable new skills, abilities, and interests. In addition to your summer camp experience, take advantage of all our council properties and make it a part of your year-round camping program.

Thank you for joining us at Camp Cedars this summer! Please let any one of us know what assistance we can provide. We look forward to seeing you at camp!



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2022 Highlights

Campsites

Troops can enter their top three preferences for campsites upon registration. Campsites will be assigned to ensure male and female troops camp in separate campsites. Linked troops can be accommodated in the same campsite but based on campsite availability.

The Camp Commissioner will assign units to specific tents in each campsite prior to your arrival. All canvas tents are 2-person tents. Due to the potential of an odd number of youth and/or adults with mixed genders, it may not be possible for canvas tents to be provided for all participants in your unit. Troops will be notified prior to their week of camp if they may need to bring additional tents to supplement the canvas tents.

NEW Merit Badges in 2022

We are excited to bring in these two new merit badges this summer: Scouting Heritage in our Citizenship area. In our Health area we added Public Health and Disabilities Awareness Merit Badges. Along with those new classes some of our areas rotate merit badges from year to year. Check out the 2022 Program Schedule for all programs offered this summer..

NEW Programs in 2022

For our intermediate horse riders, we have added an intermediate riding class. Along with our fun Gaga ball pits, we have added several new yard games for scouts to use in their free time. Games we've added are Cornhole, Giant Chess, Giant Jenga, Laddergolf, Giant Connect 4, Bocce ball, and a disc golf course. The games will be located outside the Trading Post and by the Heritage Lodge. We know this is going to be a big hit for scouts this summer. Another addition is to our iceberg at the lake, we have added another fun element for the scouts to enjoy.

Signing up for Programs in March

Programs will open March 1 at 10:00 am CST for <u>Scouts ages 14+</u> to select their programs. Programs will open to <u>ALL Scouts</u> on March 17 at 10:00 am CST. All Scouts must pay the \$100 deposit to select programs. This deposit is non-refundable, but transferable between Scouts. <u>Programs are selected on a first-come, first-serve basis.</u>

Up-to-date Information

Visit www.GoScoutCamping.org for the most recent updates or check out the Camp Cedars Facebook page to see what is happening out at camp. Please contact us if you have any questions, comments, concerns, etc.

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Section 1: Pre-Camp Information

Reservations

Troops may place a reservation with just a \$150 deposit to hold their spot in their week of choice. Enter the estimated number of youth and adult attendees, as space is limited each week. A Troop's reservation is not secured until a \$150 reservation deposit has been received. This non-refundable deposit will be applied to your Troop's total fee. Make a reservation online at www.GoScoutCamping.org!

Camp Summer Schedule

Please select your week at Camp Cedars from the following sessions:

Male and Female Troops are welcome all weeks

Week 1: June 12-18 Week 4: July 10-16 Week 2: June 19-25 Week 5: July 17-23

Week 3: June 26-July 2

2022 Fee Schedule

Scouts

\$ 345 per Scout or \$315 if paid in full by May 4

- \$100 deposit per Scout starting March 1 to enter programs. This is non-refundable, but transferable between Scouts.
- Scouts with no deposit paid by May 4 will be removed from the registration.
- After May 4, Scouts who are not paid in full will be removed from programs selected.

Cancelation fees are as follows:

March 1 – May 4: \$100 per Scout who paid program deposit

May 4 – June 1: \$100 per Scout canceled from registration.

After June 1: \$345 per Scout canceled from registration.

Leaders

\$100 per weekly leader or \$24 per daily leader

• Daily leaders will select their specific days in camp. If multiple leaders share the spot of one adult, the fee will be automatically adjusted to the weekly leader rate.



Scouts will receive a **FREE shirt** when they pay the full camper fee by May 4. Shirt sizes can be selected for each participant during the online registration process. <u>If no shirt size is entered by May 15</u>, the scout forfeits the shirt.

Adults can purchase a t-shirt for \$10.00 through May 15. A limited supply of shirts will be available at the Haddix Trading Post.

To meet the camp fee deadlines, the fees must be 1) paid online, 2) received in-person in the Durham Scout Center or Sioux City Scout Center, 3) or be postmarked on or before May 4. **Payments must also indicate who the fees are being applied to by name.**

Discounts to SAVE \$\$

The following discounts are available for Mid-America Council families and are applied per individual in the online reservation system:

\$15 off per Scout who sells popcorn in 2021 and/or camp cards in 2022

• \$15 for Scouts who sell both popcorn and camp cards.

\$15 off per Scout whose family contributes to Investment in Character Campaign \$10 off per adult whose family contributes to Investment in Character Campaign \$10 off per adult who completes training per their primary BSA registered position

Position Trained Requirements found online

Refunds

Partial refunds will be granted per the Mid-America Council's Refund Request Form that can be found online at www.GoScoutCamping.org. Approved refunds may only be granted for up to 80% of the camp fee. Part of a Scout or leader's fee will be refunded only under one of the following circumstances:

- Individual illness or injury with physician's note
- Death or serious illness in the immediate family
- Relocation of the family

The Scoutmaster and family must make such requests in writing using the Refund Request Form. Refunds will not be considered when made more than two weeks from the Troop leaving camp. Pre-registration fees for a Scout or Scouter may be transferred to another Scout or Scouter prior to arrival at camp. The \$150 Troop campsite reservation deposit is not refundable and is not transferable.

Pre-Camp Leader Meeting

Saturday, February 19, 2021 at 10:00 am via Zoom - Register HERE

The purpose of the pre-camp leaders meeting is for Troops to meet the camp staff leadership, review camp schedule, and learn more about upcoming changes in camp. Units will be informed about signing their youth up for programs at this meeting.

All Troops are encouraged to have their Senior Patrol Leader and two adult leaders attend. The Pre-Camp Leader Meeting materials and information will be available online at www.GoScoutCamping.org.

BSA National Standard of Two-Deep Leadership

Each Troop must always have at least two registered adult leaders 21 years of age or over in camp. A registered female adult leader 21 years of age or over must be present for any activity involving female youth. Two adult leaders per unit includes "linked troops" meaning the male troop has two leaders and the female troop has two leaders. A ratio of one adult for every 5-6 Scouts is recommended. If you are concerned about providing enough adult leadership, please contact mac@scouting.org for alternate leadership arrangements.

BSA Registration & Youth Protection Training

All youth must be registered members of the Boy Scouts of America. All adults accompanying a Scouting unit who are present at the activity for 72



total hours or more must be registered as leaders. The 72 hours need not be consecutive.

All adults must have current Youth Protection Training to attend camp. To get trained, visit www.My.Scouting.org. You can create a free account and click on the "Youth Protection Training" logo on the main page.

Provisional Campers

A provisional camper is a Scout who attends camp individually, as some Scouts cannot attend camp with their Troop (i.e. school, family, or other schedule conflicts). We don't want Scouts to miss a summer camp experience. Any Scout may attend Camp Cedars on an individual basis and will be paired up with a host Troop. The Scout and his parents must agree to accept the assigned leader's directions and follow the Scout Oath and Law at all times. Registration in advance is required. Contact mac@scouting.org for more information.

Camperships

We do not want any Scout to miss out on the opportunity to attend summer camp due to financial need. We have funds available to assist families in need in the Mid-America Council. All campership information is kept confidential. Campership applications are available online and must be completed on or before April 3, 2022 for consideration. Most camperships cover up to 50% of the camp fee. Apply online at https://mac-bsa.org/scouting-tools/financialassistance/.

Insurance

The Mid-America Council has purchased the National Boy Scouts of America Council Accident & Sickness Insurance Plan, which will cover all registered Mid-America Council Pack, Troop, and/or Crew members for both accidents and illnesses that manifest during participation in Scouting activities. All out-of-council units and other groups or individuals attending camp will not be covered by the Mid-America Council plan. Out-of-council units should bring proof of insurance from their council.

Dietary Restrictions

Indication of dietary needs should be communicated through online registration at least two weeks before your arrival at camp. This includes food allergies or an individual who requires a special diet. A copy of the camp menu will be available at GoScoutCamping.org.

Peanut Allergy: We recognize that the occasional Scout or Scouter may have a peanut allergy. We are not able to create a peanut-free environment at camp. However, peanut-free tables can be identified in the dining hall or you may choose to eat outside in the Rotary Pavilion.

2023 Reservation

Reservations for 2023 can be made during your week at camp at the Administration building. The reservation will consist of making a deposit, selecting a campsite, and estimating the number of youth and adults attending.

Why Scouts should consider Camp Staff ...

Camp staff provides opportunities to learn leadership skills, explore outdoor activities, meet new friends, and get paid for the summer! Over 100 staff members are hired each summer to teach



Scouts all types of outdoor skills. Staff week will be June 3 – June 10, 2022.

Some senior staff and area directors attend BSA's National Camping School. All staff participate in a one-week training session prior to the start of the first summer camp session.

Camp staff are role models for the Scouts and make a positive influence on young lives. As part of the Scouting community, we expect staff to live out the Scout Oath and Law. Throughout it all ... we

have FUN! **Get paid for working at summer camp!** Salaries depend on certifications, relevant experience, and job responsibility. Meals and housing are also included. Minimum age for paid staff is 15 years old.

If you have any Scouts who would like to be a part of the camp staff team, please have them fill out a staff application <u>online</u> at the link below. All applicants will be offered an interview for the opportunity to be a part of camp staff. Some Scouting experience is recommended, but not required.

Counselors-in-Training

Each year, Camp Cedars offers young leaders the opportunity to learn leadership and program skills in the Counselor-in-Training (CIT) program. This program is available for 14-year-olds to learn various program areas and be out at camp for two or more weeks. CITs may earn merit badges during their time at camp.



Need More Information?

Staff application and more details are online at https://mac-bsa.org/our-council/employment-opportunities/

Apply for Camp Staff TODAY!

What to Bring to Camp

The following list includes personal items that each Scout should bring to camp. All clothing and personal equipment should be clearly marked with the Scout's name and Troop number. Many of the following items are also sold in the Haddix Trading Post. All clothing at Camp Cedars must be Scouting appropriate. Individual Troops may provide guidance on what clothing is acceptable during your stay at camp.

- Full Scout field uniform
- Order of the Arrow sash
- Modest shirts and shorts
- 6-7 pairs of socks
- Sweater or jacket
- Raincoat or poncho
- Extra underwear
- Hiking boots and/or sneakers (must have closed toed shoes)
- Long-sleeved sweatshirt
- Long-sleeved shirt (required for ATVs)
- Swim trunks or swim suit (see below)
- Jeans or long pants (required for ATVs)
- Hat or cap
- Pajamas
- · Toothbrush, toothpaste, deodorant
- Bath towel and soap
- · Feminine hygiene products
- Mosquito repellent and sunscreen
- Closed toed shoes to wear in the shower house and in the lake
- Spending money (consult Troop leaders)

- Water bottle
- Scout handbook
- Program items (see Class Descriptions)
- Merit Badge book for each class (required for Archery, Rifle and Shotgun)
- Pens, pencils and notebook for merit badge work
- Sleeping bag or sheet/blanket
- Pillow
- Cot, air mattress, or sleeping pad
- Backpack
- Flashlight or headlamp (extra batteries)

Optional Equipment for Camp

- Sunglasses
- Mosquito netting
- Bible/prayer book
- Sewing kit
- Camera
- Swimming goggles
- Writing paper, envelopes, stamps
- Pocket knife (no sheath knives permitted)

Swimming Attire

Swimsuits must be modest. For males, tight fitting swim briefs or swim bottoms short enough to allow exposure are not allowed. For females, bikinis are not allowed. Modest tankinis or one-piece swimsuits are appropriate.

Scout Uniform

Scouts and leaders are expected to wear Scout uniforms at all evening flag ceremonies and evening meals. Order of the Arrow members should wear their sash on Tuesday at camp. Individual Troops may prescribe other appropriate times for the Scout uniform or what is appropriate attire at camp.

Cell Phones and Portable Electronics

Although Camp Cedars does not prohibit the use of cell phones and portable electronics, these devices may detract from the camp experience for the scout and others around them. Individual Troops may have a policy in place regarding such devices, which the camp will support for their Scouts.

Leave at Home

Possession or use of any of these articles may result in dismissal from camp.

- Pets
- Alcohol and illegal drugs
- Tobacco and vaping products for scouts
- Firearms and ammunition
- Bows and arrows
- Fireworks
- Non-folding sheath knives, throwing stars or other martial arts weapons

Troop Equipment (optional)

- Troop/Patrol and American flags
- Troop first aid kit (well-marked)
- Soap for latrines and shower houses
- Lock box or locker for valuables & appropriate medications
- Lanterns (battery type suggested)
- Rope or binder twine
- Alarm clocks
- 2-way radios (for leaders only)
- Waterproof page covers for duty rosters
- Ingredients for Troops competing in Dutch oven dessert competition.

All Troop equipment should be clearly marked with your Troop number.

Equipment Provided by Camp

Campsites are occasionally shared by multiple units. The following is provided in each campsite:

- · One flagpole per campsite
- One bulletin board per campsite
- Picnic tables (2 per campsite)
- 2-man tents on platforms (except Getzschman-Heckman and Strom campsites)
- Latrines with sink and water
- Fire rings
- Trash bags
- Toilet paper
- Hose

Patrol Cooking

Unprepared food is issued from the dining hall and the Troop cooks it in their campsite. The Troop must provide its own equipment for cooking, eating, and cleanup. Camp allows charcoal, wood fires, or propane stoves depending on fire danger level. White gas is not permitted.

Arrangements will be made to assist the unit in getting patrol boxes to the campsite. To facilitate a smooth transition to and from camp, the Sunday evening and Saturday morning meals will be eaten in the dining hall among all Troops. The patrol cooking option is only available to a limited number of Troops. The Troop must commit to this option by May 4. Contact mac@scouting.org for more information.

Section 2: Camp Arrival / Departure

Check-in Process:

We are excited that you are finally at Camp Cedars and that you are about to enjoy your summer camp experience with us! Here is what a typical check-in day will look like. We are making updates to ensure we have a quick and easy check-in process in place. Plan to arrive between 1:30 and 4:00 pm on Sunday. Troops will be asked their preferred arrival time, and camp will confirm the troop's arrival time in May. Check-in will begin no earlier than 1:30 pm.

Upon arrival, you will be greeted by a member of the camp staff. Please try to have all your vehicles arrive together. The unit will meet their camp ambassador shortly after arrival to escort your Troop through the check-in process. The following tasks will be completed:

- · Move personal and Troop equipment to campsite
- Complete a campsite inspection with your camp ambassador
- Verify attendees with online-generated Troop roster
- · Park all vehicles in long-term parking
- Medical recheck and medications
- Swim check (following Medical recheck)
- Receive wristbands
- Waivers (ATV, aviation, and equestrian)
- Bow strength test (Archery MB)
- Order of the Arrow
- Covered Wagon Challenge

Leaders Meeting at 4:30 p.m. at the Rotary Pavilion

Administration

One leader will need to verify which participants are arriving to camp with the online registration roster. Please plan to settle any outstanding balance during the check-in process.

Campsite Inspection

The Scoutmaster, SPL, and the camp ambassador will inspect and note the condition of the grounds, tents, and facilities assigned to the unit. The camp ambassador will communicate the condition to the camp office.

Vehicles & Trailers

During check-in, the Scoutmaster, weather permitting, can use one vehicle with or without a trailer to transport personal gear to the trailhead of the Troop's campsite. Troops should consolidate their gear as much as possible to make this a smooth process. Large Troops may have additional vehicles to help transport gear. All vehicles will park in long-term parking after unloading. Troop trailers can be parked in the parking lot just south of the Rotary Pavilion, near Karp for north campsites, or on the north side of the Millard Resource Center. Berek, Miller, and Hayes campsites can have their trailers down on the lakefront road for easy access.

Medical recheck & BSA Health Form

Medical rechecks for each Scout and leader will be conducted upon arrival in the Scott Health Lodge located beneath the Haddix Trading Post. **Every individual must have an Annual Health & Medical Record (parts A, B, & C) to remain in camp.** Leaders who are at camp less than 72 hours and are staying overnight must complete parts A, B, and C of the Annual Health and Medical Record. Form online at www.GoScoutCamping.org.

The form requires a physical examination by a qualified medical professional within the last 12 months and Tetanus vaccination within the last 10 years. No physicals will be given at camp. An Annual Health and Medical Review is valid through the end of the 12th month from the date it was administered by your medical provider. For example, a physical administered June 10, 2021, would be valid until June 30, 2022. There are no waivers or exemptions, the BSA Annual Health & Medical Record must be used. The only part C form accepted is a "Part C camp physical" from a Children's Physician. Participants will be asked to have their health professional complete the BSA part C form if another form is provided.

Review the health forms prior to arrival at camp to ensure the following is completed:

- Scout and Parent/guardian signatures
- Copy of Insurance card
- Tetanus immunization date (within last 10 years)
- Parts A, B, & C (requires physical examination within last 12 months)
- Signed by appropriate medical professional

Failing to attach a copy of a health insurance card or missing signatures are common mistakes that slow check-in.

Troops will be able to turn in medical forms prior to arrival at camp. This will speed up your check-in process at camp. Troops will be notified of this process at the February Leaders Meeting.

Medications

All medications brought to camp must be in labeled, original containers or in labeled, pharmacy-packaged containers.

Per BSA standards and Nebraska regulations, schedule II medications for <u>Scouts and adults</u>, except emergency medication that an individual must carry at all times, must be under lock and key in the Scott Health Lodge. These medications will be available for individuals at the dining hall before each meal, at the Scott Health Lodge, and as arranged with the Health Officer.

Adult leadership can keep other medications in the campsite, so long as they are kept in a lockable container under adult supervision. If an individual takes prescribed medication that requires refrigerated storage (such as insulin), the Health Officer has a refrigerator to assist him/her. It is the responsibility of the Scoutmaster and other unit leaders to ensure the Scouts maintain their medication schedules.

Swim Check

Unit swim checks can be completed before camp using the Pre-Camp Swim Check form located online at www.GoScoutCamping.org. Swim checks can also be completed at the pool during check-in. The Aquatics Director at camp reserves the right to have any Scout or leader re-tested if they do not feel comfortable with their swimming ability or pre-camp swim check.

Wristbands

Each Scout and leader in camp will be issued at least one wristband that signifies their authorized entrance into camp and swimming ability. **The wristbands are required to be worn**

at all times. Individuals without wristbands will be directed to the Smith Administration Building.

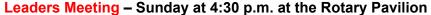
Troop Photos (optional)

Troops can choose to have a group photo taken Sunday or Monday after dinner outside the dining hall. Troops will receive an electronic copy of the photo that can be distributed among the group or printed as necessary.

Waivers

Additional waivers are required for the ATV, aviation, and equestrian (for merit badges and trail

rides) programs and will be collected during check-in. These waivers are available online at GoScoutCamping.org. A parent or guardian's signature is required.



Each unit must have at least one leader at the meeting, but all leaders and SPLs are invited. Program announcements, staff introductions, and important information will be discussed at this time. This is also a great time to ask any last-minute questions you may have.

Check-out Process

Plan to leave camp Saturday morning by 9:30 a.m. Units will complete the following tasks in the check-out process:

- Move personal and Troop equipment to trailer / vehicle
- Campsite inspection with your camp ambassador on Friday
- Collect medical forms and medications from Health Officer
- Return all borrowed equipment to Quartermaster
- Turn in camp evaluations
- Check lost and found items
- Pick up check-out packet

The check-out packet will contain the following:

- Upcoming camping information
- · Instructions for accessing Merit Badge Completion Record



- Patches (one for each person)
- 2023 Camp Staff Application
- High Adventure Contingent information

Campsite Inspection

The Scoutmaster and camp ambassador will evaluate the campsite and note any damages. Any damages requiring fees can be paid for upon departure. Camp Ambassadors will meet up with their unit on Friday to find a time that works best to complete this inspection at day.

Arrival/Departure Midweek

A departure notice must be completed by the parents, and approved by the Scoutmaster and the Camp Director. A Scout may only leave (during the week) with a parent or guardian, or with a written release from either, by checking out at the Smith Administration Building. In the event of the written release, the name of the individual authorized to transport the camper must be specified (via the Annual Health and Medical Record) and verified by the Scoutmaster. The date and time of expected return must be indicated. Upon his return, the Scout must sign in at the Smith Administration Building. Leaders who are at camp less than 72 hours and are staying overnight must complete parts A, B, and C of the Annual Health and Medical Record.

Visitors

Visitors are welcome anytime during the week. For the safety of the campers, all visitors must check-in at the Smith Administration Building and receive a visitor's wristband to be worn while on property. They may also pay for meals at that time (\$8.00 per meal). Program participation is not available for visitors.

Section 3: Programs at Camp

Programs Offered-Will be Updated December 1st.

Camp Cedars offers a large variety of merit badges and programs at camp. Here is a list of merit badges that will be offered in 2022:

^Program not offered every year

Animal Science[^] Engineering[^] Painting **Environmental Science** Pioneering Archaeology Archery Fingerprinting Pottery Fire Safety Public Health[^] Art Astronomy First Aid Pulp and Paper Fish & Wildlife/Soil & Water Rifle Shooting Aviation Basketry Management[^] Robotics Bird/Insect Study^ Fishing Rowing

Camping/Hiking[^] Geocaching[^] Scouting Heritage[^]

Canoeing Horsemanship Sculpture

Chemistry/Nuclear Science^ Indian Lore Shotgun Shooting
Chess Kayaking Space Exploration

Citizenship in the Nation Law^ Swimming
Citizenship in the World Leatherwork Weather
Climbing Lifesaving Welding

Cooking Mammal/Reptile & Amphibian Wilderness Survival Disabilities Awareness^ Study^ Wood Carving

Disabilities Awareness^ Study^ Wood
Electricity/Electronics^ Metalwork
Emergency Preparedness Nature/Forestry

Additional programs offered:

Advanced Climbing CPR Skills Medieval Jousting
Advanced COPE English Riding Mile Swim BSA
Advanced Horsemanship Instructional Swim Snorkeling BSA

ATV Safety Course Intermediate Horsemanship Stand Up Paddle Boarding

COPE Kit Fox (First year camper Trail Rides

Cowboy Action Shoot program)

Kit Fox program(First Year Camper Program) is designed for campers who have not yet completed the First Class rank. The program is designed to work on core rank requirements for new Scouts. Scouts will be arranged into patrols to work together in a team atmosphere to make for a fun active environment. Kit Fox is only two blocks long. Scouts may choose additional programs to participate in. Click for the requirements Scouts will work on.

Signing up for Programs

Programs will open March 1 at 10:00 am CST for <u>Scouts ages 14+</u> to select their programs. Programs will open to <u>ALL Scouts</u> on March 17 at 10:00 am CST. All Scouts must pay the \$100 deposit to select programs. This deposit is non-refundable, but transferable between Scouts. <u>Programs are selected on a first-come, first-serve basis.</u>

After May 15, Scouts who are not paid in full will be removed from programs selected. Classes can be adjusted by logging into the online registration and selecting another class. Programs can't be adjusted within one week of your session, but adjustments can be made at camp. Please refer to the Program Guide (online February 18) for any age restrictions or prerequisites.

Prerequisites

Some merit badges require prerequisites to be completed prior to your arrival to camp and other prerequisites can be completed following camp. The Program Guide (online February 18) will communicate all prerequisites as the merit badge requirements may adjust from year to year. As scouts' complete prerequisites, complete an online form prior to arriving to camp. This form will be communicated at the February pre-camp leader meeting.

Cardboard Boat Race is a fun camp wide activity for units to participate in. Each unit can make a Boat to be raced either before camp or at camp. The first boat to cross the finish line will be the winner. This event takes place at Cedars Lake at 4:30 on Fridays. It is a perfect activity for families to come and watch. The boats must hold one or two adults and follow the 4 rules given. (Note: Rules have been updated from years past) Winner will be awarded the Golden Paddle at Closing Campfire Friday Night.

Rule One: The boat must include cardboard and duct tape in the construction on the boat.

Rule Two: Must be captained by an **ADULT** who is a **Blue Swimmer**.

Rule Three: No sharp pointy things

Rule Four: Oars should be handmade. No canoe oars or kayak

paddles.





Dutch Oven Cook Off is a chance for your unit to show off your cooking skills. Each unit can make one dish for the judges to try. Dishes can be a main dish or dessert. Dishes are to be ready for judging at 2 pm on Friday at Scoutcraft. Winner will be awarded the Golden Spatula at Closing Campfire Friday night.

Merit Badge Records

Unit leadership will receive a copy of their scout's merit badge records on Wednesday and Friday morning at breakfast. Please review this with your Scouts and follow up with staff to ensure accuracy in what requirements are completed.

These records are available for the registration contact following camp online. There are various reports available including a Scoutbook export, Unit Advancement Detail, and printable blue cards. At camp you'll receive the Unit Advancement Detail report. Some requirements may not be checked off as the merit badge only requires to "do two of the following".

Scouts with incomplete merit badges can take their records to another merit badge counselor following camp to complete the requirements.

Section 4: Your Week at Camp

Weekly Schedule:

The program schedule changed to the following in the summer of 2021. The Sunday arrival day schedule can be found in the Camp Arrival Section. Scouts will be able to choose up to 6 classes over the course of the week and some bonus classes during the evening program time.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	
6:00 AM				Mile Swim	Mile Swim	
6:30 AM	Mile Swim	Mile Swim	Mile Swim			
6:30 -7:45 AM	Open Breakfast **Flags in Campsite**					
8:00 -9:45 AM	Block A		Bloc	<u>k D</u>	Camp Wide	
10:00 -11:45 AM	Block B		Block E		Open Activities 9:00-11:45AM	
10:45 AM	Leaders Meeting					
12:00 -12:30 PM	North Camp Lunch					
12:40 -1:10 PM	South Camp Lunch					
1:15 PM	SPL Meeting					
1:45 -3:30 PM	Block C Block F		k F			
3:45 -6:00 PM	Patrol Activity Period North Camp Open Swim (3:45-4:45) South Camp Open Swim (5:00-6:00)				Camp Wide Open Activities 2:00-4:30 PM	
5:30 -6:00 PM	North Camp Dinner				Flag Ceremony (5:45)	
6:15 PM	Camp Wide Flag Ceremony					
6:30 -7:00 PM	South Camp Dinner				Dinner (6:30)	
7:30 -9:30 PM	Evening Program			8:30 PM Closing Campfire		
10:00 PM	Taps	Taps	Taps	Taps	Taps	

North camp includes Seline, O'Dell, Rock, Butterfield, Four Eagles, Three Feathers, Mandan, Doc R, and Armstrong-McDonald campsites. South camp includes Gratton, Haddix, Boyer, Hayes, Miller, Berek, Strom, and Getzschman Heckman campsites.

Saturday Schedule

Breakfast is served between 6:30 and 8:00 a.m. Troops can pack up equipment before and after breakfast. Your campsite ambassador will be available on Friday to complete the campsite inspections. Troops should plan to leave camp by 9:30 a.m. on Saturday.

Leaders Meeting - Daily at 10:45 a.m.

In addition to the Sunday leaders meeting at 4:30 p.m., a leaders meeting will be held at 10:45 a.m. daily at the dining hall. Each unit must have at least one leader at the meeting but all leaders are strongly encouraged to attend. These meetings will be conducted by the Camp Director, Program Director, or Camp Commissioner to keep leaders informed of any program changes, camp updates and special activities. Please come with feedback and suggestions for further improvements.

Senior Patrol Leader Meeting

Senior Patrol Leader meetings occur Monday through Thursday in the Rotary Pavilion at 1:15 pm. The Camp Commissioner will conduct the meeting. Senior Patrol Leaders will be presented with available project ideas to complete throughout the week, and staff will be available to answer questions.

Scoutmaster Dinner

Camp Cedars will host a Scoutmaster dinner on Wednesday night inside the Scott Storm Shelter. Each Troop can send one adult leader to the dinner. Special guests will be present and important updates from the camp and Mid-America Council will be presented.

Friday Flag Lowering

Camp Cedars' weekly closing flag ceremony is held at 5:45 p.m. at the Lloyd E. Roitstein Parade Ground. The ceremony is dedicated to the memory of Jim Kirby and all those that have served our country and communities, and is performed by a color guard of current and former members of the armed forces, firemen, policemen and EMT's—professions that call on its members to live up to the Scout's duty to other people, regardless of the cost. Adult campers or visitors who are currently serving in one of these fields are encouraged to bring their uniforms with them and participate in the closing flag ceremony.

Parents Night

Friday night is Parents Night! Parents and siblings are encouraged to arrive between 4:30 p.m. and 5:30 p.m., join the Troop for flag ceremony at 5:45 p.m., dinner at 6:15 p.m., and enjoy closing campfire at 8:30 p.m. Troops have the option to have dinner in the dining hall Friday night or plan a potluck in their campsite. Visitor meals in the dining hall are \$8.00 per person.

Section 5: Camp Facilities

Smith Administration Building

The Smith Administration Building is a resource center to answer questions, settle any financial differences, check in or out of camp, make a registration for next summer, and receive more information about our camp and other council programs.

Business hours during camp operations are as follows:

Sunday: 1:30 pm to 10:00 pm

Monday - Friday: 7:00 am to 10:00 pm

Saturday: 7:00 am to 9:30 am



Camp Communications

Camp Cedars has a telephone line to serve the business functions of the camp. Scouts are not permitted to use the camp's phone except in the case of an emergency. Please be sure to advise parents what your Troop's policy on Scouts using phones will be.

During Summer Camp call Camp Cedars at 402-514-3061

All other dates call Durham Scout Center at 402-431-9272



Scouts love to receive mail at camp! Incoming mail will be available to adult leaders each afternoon and will be sorted by campsite and Troop number. Because of our location, it may be necessary to send mail before you scout leaves for camp to be sure it arrives while he or she is still at camp. A drop box for outgoing mail is in the Smith Administration Building.

Lost and Found

The camp lost and found is located at the Smith Administration Building. We will do our best to return marked items throughout the week. All Scouts should have their personal items clearly marked with their name and Troop number. Scoutmasters should check lost and found throughout the week and on Friday afternoon to claim items belonging to their Scouts. Unclaimed items will not be kept and will be sent to charity at the end of camp.

Needs

If any of your Scouts or leaders have disabilities or other special needs, we appreciate timely notification so that camp can work with the unit to meet those needs and avoid surprises upon arrival. Note that the Armstrong-McDonald campsite is fully accessible.

CPAP Accommodations

Electricity is not available in campsites except Armstrong McDonald. A limited supply of portable batteries is available on a first come, first serve basis for individuals who need them for a CPAP machine. Please indicate in the online registration if a CPAP battery is needed.

Religious Services

Scouts of all religious faiths observe the twelfth part of the Scout Law by worshiping in a manner of their choice. Our "all-faiths" chapel service is scheduled for Monday, immediately following the evening meal. A grace is offered before each meal.

Millard Resource Center

The Millard Resource Center (MRC) is home to the Quartermaster and is located directly behind the Smith Administration Building. Toilet paper, trash bags, rakes, shovels, and other tools are available. All tools are checked out to the Troop and are charged to the Troop if not returned. Contact the Camp Commissioner for project ideas that may be completed around camp.

Scott Health Lodge

While camp is in session, a qualified Health Officer is on duty 24 hours a day. The Scott Health Lodge is located in the lower level of the Haddix Trading Post. All accidents and illnesses must be reported to the Health Officer and recorded in the health log. In the event of serious accident or illness, the individual will be taken to a clinic or hospital in Fremont. Parents will be informed if the Scout needs additional care. Should the condition of the patient require removal to a hospital, home, or placement under the care of the family physician, the related expenses are a family responsibility.

Haddix Trading Post

Water bottles, patches, snacks, camp shirts, hygiene items, and so much more are sold at the camp trading post. Stop in and shop for camp items forgotten at home or souvenirs. Scouts commonly spend \$30 at the trading post.

HunTel Systems Dining Hall

Meals will be served buffet-style in an air-conditioned dining hall that can accommodate 550 people. Each table seats 8 people and assigned table(s) are used throughout the week. Waiters from each Troop will assist in cleaning up after each meal.



Each unit is assigned table(s) on Sunday and will use the same table(s) throughout the week. Please arrange your unit seating so at least one adult is present at each table. At least one Scout per table is assigned waiter duty for each meal. Waiters assist dining hall personnel with cleanup following the meal.

Shower houses

North, central, and south shower houses, and Heritage Lodge provide restrooms, showers, washer and dryer, and storm shelter capabilities. Individual stalls will provide flexible shower times for males, females, youth, and adults. All shower houses are available 24 hours a day. Please respect quiet hours.

Pool Shower house: There are four separate shower facilities at the pool (i.e. male youth, male adults, female youth, and female adults). The showers at the pool do not have individual hot/cold controls. Please inform the Smith Administration Building or the Aquatics Director if the water is too hot/cold. PLEASE DO NOT BRING MONEY OR VALUABLES TO THE POOL.

Campsites



Most of the campsites at Camp Cedars have 2-man tents (7'x9' for Scouts and limited 10'x12' for leaders) and frames on permanent, wooden platforms. Cots are not provided. If a campsite has more campers than the canvas tents will house, it is the responsibility of the Troop to provide its own tents to house the remaining campers. Leaders, male or female, camp with their units in the Troop's assigned campsite. Camping in the parking area and the use of any personal camper-type vehicle/trailer is prohibited.

Troops can enter their top three preferences for campsites upon registration. Campsites will be assigned to ensure male and female troops camp in separate campsites. Linked troops can be accommodated in the same campsite but based on campsite availability.

The Camp Commissioner will assign units to specific tents in each campsite prior to your arrival. All canvas tents are 2-person tents. Due to the potential of an odd number of youth and/or adults with mixed genders, it may not be possible for canvas tents to be provided for all participants in your unit. Troops will be



notified prior to their week of camp if they may need to bring additional tents to supplement the canvas tents.

There are two campsites that do not have permanent platforms with tents including Getzschman-Heckman and Strom. The Troop must provide their own tents in good condition.

North camp includes Seline, O'Dell, Rock, Butterfield, Four Eagles, Three Feathers, Mandan, Doc R, and Armstrong-McDonald campsites. South camp includes Gratton, Haddix, Boyer, Hayes, Miller, Berek, Strom, and Getzschman Heckman campsites.

Please follow these guidelines for care and use of tents assigned to you.

- Tie the tent to the frame/floor. This will protect the tent and help keep the gear dry.
- Do not put holes, even pinholes, in the tents.
- Do not use aerosols or insect repellents in the tents.
- Do not use open flames in or close to the tents.
- Do not use knives inside the tents.

Tents needing repair should be reported to the Camp Commissioner. Units will be charged for deliberate damage to tents.

Section 6: Health and Safety

Security

We suggest that at least one leader remain in your campsite at all times (except during meals) to welcome visitors and provide security for personal and unit property. Each unit can bring a lockable box or storage locker for Scout and leader valuables. Scoutmasters should ensure that Scouts do not take valuables to program areas or leave them unattended around camp.

Camp Regulations

- Liquid Fuel: Not permitted at Camp Cedars
- Open Fires: Conditions permitting, campfires or cooking fires are the only open fires allowed in the campsites. These fires must be attended while they are burning.
- Platte River: The River and its shoreline are off limits to Scouts unless involved with the program.
- Ravines: Caution should be exercised when hiking on the remote trails. There are a number of deep ravines.
- Animals: Wildlife is a part of camp. Expect to see deer, raccoons, and other creatures. Use caution when meeting our animal friends.
- General: Shirts and shoes must be worn at all times including at the lakefront. The only exception is when in the shower or pool.

Vehicles in Camp

The maximum speed limit on camp roads is 5 mph. No person under 18 may operate a motor vehicle within Camp Cedars. All Troop vehicles must be parked in the long-term parking lot, except as authorized by the Camp Director or the Camp Ranger. Roads beyond the parking lot gate are for the use of camp and authorized vehicles only. Permission to drive beyond the gate must be granted by the Camp Director or approved designee and the vehicle must display a vehicle pass. All occupants of a truck must ride in the cab and must wear seat belts.

Bicycles in Camp

Bicycles are permitted for youth, camp staff, and adult leaders with the following rules enforced in camp. Failure to follow these rules may result in a bike being removed from the rider's possession. The ability to use bicycles in camp is a privilege and not a right.

- A helmet must be worn (and fastened) by the rider at all times and each bicycle is permitted to have a maximum of one rider.
- Riders are expected to know the rules of the road for bicycles as stated in the Cycling Merit Badge pamphlet (i.e. which side of the road to ride on).
- Bicycles are for use on camp roads only and not permitted to be used on any trails or in campsites.
- When not in use, bicycles are expected to be parked off roadways and trails in such a way as to not impede vehicular or pedestrian traffic.
- Camp Cedars is not responsible for personal bicycles in camp, they are the sole responsibility of the owner

Section 7: Emergency Procedures

Medical Situations to Contact Parents

Phone contact with parents/guardians is established in an emergency. Each person's health form contains contact information, as well as designates alternate contacts if the parents/guardians cannot be reached. This process is initiated by the Director and/or the lead healthcare provider but can be delegated to an appropriate staff member or unit leader in camp. Since the program has no way of determining what each person considers an emergency, the general camp practice is to contact parents when there is concern about a person's health and/or when a situation is not progressing as expected.

Because many people remotely access their voice mail, it is expected that camp personnel leave voice messages on answering machines that appropriately communicate the need for a given parent to call the camp. All contact, successful and unsuccessful, is documented in the medical log book.

Storm Shelters

We know as a parent and a leader you want your Scout to have a fun and safe camping experience, and yet we can't always plan for perfect weather. Our Scott Storm Shelter, that also houses our Health Lodge and Command Center, ensures we are prepared for the storms that might come our way. Additionally, the north, central, and south shower houses, and the Heritage Lodge, are FEMA-rated storm shelters.

Severe Weather

In the event of severe weather, the camp emergency warning siren will sound for 3 minutes, be silent for 1 minute, then sound for 3 minutes and campers should move to a storm shelter.

Fire and Assembly

All Troops must post and use the Fireguard Plan. In the event of fire, the camp emergency warning siren will sound as a modulated wail. All Scouts and leaders must report to the Lloyd E. Roitstein Parade Ground. Unit leaders must take roll and notify the staff of any missing campers. Stay in the field and await further instructions from the camp staff.

Use of Tobacco Products

In accordance with Nebraska law, no one under the age of 18 may use tobacco products of any kind while at Camp Cedars. BSA Policy states that leaders should refrain from using tobacco products in the presence of Scouts. The only smoking area is in the main parking lot.

Discipline

The Scoutmaster and his/her assistants are responsible for the discipline and good order of their Troop. The camp staff will not assume the responsibility for, or interfere with, unit discipline unless it directly involves the health and safety of Scouts or affects camp operation. The Camp Director must be informed of any problem encountered by a staff member or adult leader. The Camp Director may refer a Scout's discipline problems to the Scoutmaster for resolution. No

initiation or hazing is permitted in camp. If adult leaders of a Troop are unwilling or unable to control their Scouts, the Camp Director may require the entire unit to leave camp.

Dismissal from Camp

If a Scout, leader or an entire unit is sent home from camp for disciplinary reasons or violation of camp policies, there will be no refund or transfer of any camp fees.

Section 8: Advancement & Recognition

Advancement in Camp

Advancement and recognition is a significant part of the Scouting program. It is a measure of the Scout's ability to attain a personal goal and receive tangible recognition.

Role of the Scoutmaster

The Scoutmaster takes the first step in the merit badge process by reviewing a Scout's record. Discuss which merit badge classes the Scout wishes to take at summer camp to ensure that they are age and ability appropriate.

Merit Badge Standards and Requirements

The National Council of the Boy Scouts of America continually updates merit badge and rank requirements. We will use the most up-to-date requirements which are found in the latest edition of the Scouts BSA Requirements book.

Most merit badge classes and activities have limited enrollments. In some merit badges, this may be due to safety concerns or staffing requirements. In others, it is an attempt to give each Scout the individualized attention they need to be successful and to maintain high quality programs.

Merit Badge Reporting

Instructors will have class rosters, take attendance every class period, and check off requirements as each one is passed. Units have continual access to a Scout's merit badge completion record throughout the week and permanent access once camp ends through the online registration system. Each Scoutmaster will receive a report detailing his or her Scouts' attendance, completion and/or progress in the merit badge classes. For proper recording of a Scout's advancement, a unit advancement report should be submitted online through Scoutbook.

Merit Badge Counselors

The Council Advancement Committee approves the merit badge counselors at camp. However, if you are a leader attending Camp Cedars and currently registered as merit badge counselor, you are welcome to assist with portions of our merit badge program. Contact the Program Director prior to or upon your arrival at Camp Cedars.

Leader Opportunities

There are various opportunities for adult leaders to get involved throughout the week. Leader training available may include Climb on Safely, Climbing Instructor, Introduction to Outdoor Leader Skills, Safety Afloat, and Safe Swim Defense. More information will be available in the Program Guide released by February 18, 2022.

Scoutmaster Merit Badge

The Scoutmaster Merit Badge program is a great way for adult leaders to be involved during their Troop's time at Camp Cedars. Any adult leader at camp can participate. Those who complete the requirements will be eligible for the Scoutmaster Merit Badge patch, available only at Camp Cedars.

Honor Unit Award

The Honor Unit Award is a way to recognize Troops who attend Camp Cedars for their advanced level of involvement and commitment to the betterment of Camp Cedars. Not every Troop will earn this award, but those who do will be able to call themselves a Camp Cedars Honor Unit.

Section 9: Honor Camping Societies

Order of the Arrow

The Order of the Arrow (OA) is the national honor society of the Boy Scouts of America. The primary purposes of OA are to encourage and train youth leaders for Troops and to provide cheerful service to Scouting and the community. The Kit-Ke-Hak-O-Kut Lodge serves the Mid-America Council by performing numerous service projects for Camp Cedars and its other camps as well as encouraging leadership by its members



through the local units. The Order of the Arrow's primary role in Mid-America Council has been, and continues to be, the development of youth leadership. Camp Cedars and the OA maintain a long tradition of honoring youth leaders on a special day of recognition as part of the summer camp program at Camp Cedars. Every Tuesday at Camp Cedars is OA Day. All Arrowmen are encouraged to wear their OA sash that day when in their field uniform.

Brotherhood conversion ceremonies are offered every week to all eligible brotherhood candidates at camp. After a minimum of six months as an Ordeal Member in the OA, a Scout or Scouter may seal his membership to the principles of the Order. In order to participate in the brotherhood ceremony, the candidate must be a dues-paid member, pay the brotherhood fee (covers the sash cost), write a letter to the Lodge Secretary on "What the obligation means to them", and go through a brotherhood review. According to National Order of the Arrow Policy (found in the guide for Officers and Advisers 1995 Printing), brotherhood membership can only be conferred by the home lodge/council. If you have any questions concerning the Order of the Arrow please contact the OA Coordinator at camp.

Covered Wagon Challenge presented by NBZ (formally the Tribe of Nani-Ba-Zhu)

WHO: The program is open to ALL Scouts and leaders who participate in long term camping at Camp Cedars.

WHAT: 12 individual challenges, multiple team activities, and Thursday night campfire.

WHEN: Your session of summer camp at Camp Cedars

WHY: Meet Scouts in other troops, reinforce scouting skills, enjoy the fun program and more.

Program details can be found at https://mac-bsa.org/camping-outdoors/high-adventure-2/nbz/.

Appendix

Important Dates to Remember

upon registration \$150 reservation fee due to secure spot at camp

Program Schedule available online
February 18
February 19
Program Guide available online
February 19
Pre-Camp Leaders Meeting via Zoom

March 1 Programs open for Scouts 14+ who have paid \$100 deposit

March 17 Programs open for all scouts who have paid \$100 deposit

April 3 Campership Request Form deadline
May 4 Deadline to sign up for patrol cooking

Early bird Scout fee deadline

If Scout's fee is paid in full, they will receive a free shirt Scouts not paid in full will be removed from class selections

May 15 Deadline to purchase additional shirts

June or July EXCITING WEEK AT CAMP!!!

Pre-Camp Checklist

This list will be helpful in assisting unit leaders prior to leaving for camp.

- Annual BSA Health & Medical Record for all Scouts and Adults including the following:
 - o Parent/guardian signatures
 - o Copy of Insurance card
 - o Tetanus immunization date (within last 10 years)
 - o Parts A, B, & C (requires physical examination within last 12 months)
 - o Signed by appropriate medical professional
- Waivers (ATV, aviation, and equestrian programs)
- Know how many people will eat Friday night in the dining hall.
- Troop checkbook (if fees are outstanding, or to make 2023 reservation)
- Transportation arranged and equipment consolidated in minimal vehicles
- Each Scout with proper equipment (List available on page 5).
- Troop Equipment (Flags, dining flies, etc. that are listed on page 6).
- Scouts have completed "pre-camp" requirements for merit badges.
- Sufficient emergency funds
- Emergency phone numbers for all Scouts
- Distribute Parents' Night Information (next page)
- Communicate Camp Cedar's phone number to all parents (402) 628-8146

Parents' Night Information

Make copies of this page for your parents who plan on attending Parents Night.

We are excited that you are planning on coming out to Camp Cedars for Parents Night! Your Scout has enjoyed a full week of adventures. This probably includes making new friends, learning new outdoor skills and earning some merit badges. Parents Night is an opportunity for you to experience a small part of camp life and to share in the experience with your Scout. Program participation for family members is not available.

Friday night is Parents Night where families are welcome to eat dinner with the Troop and enjoy the Closing Campfire. The night's schedule is as follows:

4:30 pm – 5:30 pm Families arrive and check in at the Pool 5:45 pm Flags (Lloyd Roitstein Parade Ground)

6:15 pm Dinner (In the dining hall or at Troop's campsite)

Until 8:00 pm Haddix Trading Post Open 8:30 pm Campfire (Bates Amphitheater)

Some Troops will eat dinner in the dining hall and other Troops will plan a picnic at the campsite. Meals in the dining hall are \$8.00 per person. Please communicate with your Troop's unit leader to confirm your attendance for Parents Night. We want to be sure that we have a meal prepared for you.

In order to ensure that your Scout gets the full Camp Cedars experience, it is encouraged that he not leave on Friday, but stay until Saturday to travel home with the Troop. Parents Night is often when homesickness settles in, and Scoutmasters and parents should be prepared to deal with this. Note: Pets are not permitted at camp.

Where is Camp Cedars?

Our address is:

2989 Tom Lee Rd.,

Cedars Bluffs, NE 68015.

From Highway 77, travel west on Highway 109 towards Cedar Bluffs, NE. Look for the Camp Cedars sign and turn North on County Road 15. Follow the signs to Camp Cedars.

Check the MAC website as your camp date approaches for any detours or construction notice.

Contact Camp Cedars at 402-514-3061

Mid-America Council mac-bsa.org facebook.com/CampCedars

Anti-Discrimination Notice:

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339 or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

Durham Scout Center 12401 West Maple Road Omaha, NE 68164 (402) 431-9BSA (9272) Sioux City Scout Office 4240 Hickory Lane Suite 120 Sioux City, IA 51106 (712) 255-8846

Gottschalk Scout Shop 12401 West Maple Road Omaha, NE 68164 (402) 431-0700